

የተጠበቀ፣ አስተማማኝ እና ጤናማ-በአዲሱ አገር ስኬታማ የሚያደርግብ ቀልፎች  
 መድሃኒት እና ባህላዊ መድሃኒቶች - 4

Safe, Smart and Healthy – Keys to Success in Your New Home  
 Medications and Home Remedies – 4

AMHARIC

<p>Do not use medicine that is old or expired. Look at the date on the bottle. It will show a Month/Day/Year. If today is after that date, throw the medicine in the garbage.</p>	<p>Do not use medicine that is old or expired. Look at the date on the bottle. It will show a Month/Day/Year. If today is after that date, throw the medicine in the garbage.</p>
<p>ከመደብር የሚገዙ መድሃኒቶች ወይም የባህላዊ መድሃኒቶች ካላዳንዎ <u>ደክተርዎን ለማየት መሄድዎን አርገጠኛ ይሁኑ።</u></p> <p>ለረጅም ጊዜ መድሃኒት መውሰድ ካልብዎ ወደ መድሃኒት ቤት ሄደው ተጨማሪ መውሰድ ይኖርብዎታል። ይህ ጭማሪ ይባላል።</p>	<p>If over-the-counter medicines or your home remedies do not make you feel better, be sure to <b>go see the doctor</b>. If you have to take medicine during a longer period of time, you will need to go to the pharmacy and get more. This is called a <b>refill</b>.</p>
<p>የደክተርዎ ቢሮ ደውለው ለመድሃኒት ቤቱ የጭማሪ መድሃኒትዎን ማዘዣ እንዲያስተላልፉልዎት መጠየቅ ይችላሉ። ከዚያ መድሃኒትዎን ለመውሰድ በቀጥታ ወደ መድሃኒት ቤት መሄድ ይችላሉ። ሁል ጊዜ የህክምና ካርድዎን ወደ መድሃኒት ቤት ይዘው መሄድዎን አርገጠኛ ይሁኑ።</p>	<p>You can <i>call</i> your doctor's office, and ask them to call the pharmacy with your refill prescription. You can then go <i>directly</i> to the pharmacy to pick it up. Be sure to always bring your insurance card to the pharmacy.</p>
<p>አንዳንድ ጊዜ መድሃኒቶች በመንግስት የህክምና ካርድ - ወይም በመሰሪያ ቤትዎ የህክምና ካርድ ይክፈላሉ። ለመዳሃኒቶች ከራስዎ ገንዘብ መክፈል የሚኖርብዎት ጊዜያቶች ሊኖሩ ይችላሉ።</p>	<p>Sometimes medicines are paid for by your government health insurance card or your work health insurance. There will be other times when you have to pay for medicine with your own money.</p>

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