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Safe, Smart and Healthy – Keys to Success in Your New Home
Personal Hygiene - 1

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wpu ,a& oe&i;a&;[m b ,avmu ta&;Su;w ,qwm a':v oom;ygly/ wpu ,a&oe&i;a&;[m oirom;p use;rma&;twu tve ta&;Su;ygw ,/ om;? cEmu ,e tOwtpm;awu oeoe&i;&i;rxm;b;? tOwawurlumcPravlmzwb;q&i oiaeraumi;jzpygvrr ,/o tvyrm atmijriz?olor;ausmi;rm atmijriz wpu ,a&oe&i;a&;[mvn; ta&;Su;w ,qwm a':v oygw ,/	Mrs. Li has learned how important it is to take care of personal hygiene. Personal hygiene is very important to the health of your family. If your teeth, body, and clothes are not kept clean and washed frequently, you can get sick. Mrs. Li knows that personal cleanliness is also important so that she can be successful at work, and her daughter can succeed at school.
a':ve oor;[m om;ecwi;u aoaocsmcsm *½puygw ,/reuwi;e ty&mrOicirm om;yww? om;wuaq;e wuz ta&;Su;ygw ,/ om;re re rwu&i om;a&m*g&ly; emusiuucr ,/usl;awmir usl;xuom; Eiygw ,/	Mrs. Li and her daughter give special care to their mouth and teeth. It is very important to **brush your teeth** with a toothbrush and toothpaste every morning, and also before you go to bed. If you don't brush your teeth regularly they will become infected and can cause you pain. They might even fall out.

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