

**Safe, Smart and Healthy – Keys to Success in Your New Home  
 Personal Hygiene - 6**

**BURMESE**

<p>tar&amp;uefu thomaw[ m oWEliflu thomawerwlmul          Odt'm' riu awlygw, / tvlyrhn atmi jri zlaumi rhn          atmi jri zla&amp;cef? thomul rnsueuef olwwez          ta&amp;Budygw, /</p>	<p>Mr. Adam found the toilets in America to be different than in his country. To be successful at work and school, it is very important that you know how to use the bathroom and use the toilet correctly.</p>
<p>Odt'm' riu t npt allu;awg t uev thomcluxul          aoaocmcm usqifon;atmit thomxllay: rhn xll ygw, /          thomxllay: rhn b, lawmirsrwllwfr&amp;ylye          Odt'm' riu thomwullybon;whit cg a&amp;qft thom          rhnwyfxm;wlvly? vufullul Elycsvlygw, / thom          ollywhit cgwll f a&amp;ulqcs&amp;ygr, /</p>	<p>Mr. Adam sits down on the toilet seat to be certain that all of his waste goes into the toilet bowl. Never stand on the toilet seat.           When Mr. Adam is finished he pushes down on the small handle or button to flush the toilet. You must flush the toilet every time it is used.</p>
<p>q? Orf e? thomokpuluuly a&amp;qcsavmi f&amp;ygr, / pulwbut          'grs [ kwf&amp;modvmschfnolwh*cfawmi t ckt chwv          t rhorok oe&amp;S fa&amp;ypinfawul a&amp;qcsravmi f&amp;ygbt/          thomul vuhaq;uevll b, lawmirsrohoi fygbt/ Odt'm' rlc m          thomolnydwl f vuhaq;zllvnt ow&amp;ygw, /</p>	<p>Flush <i>only</i> urine, feces, and toilet paper. Do not flush paper towels or feminine hygiene products, like sanitary napkins, pads or tampons.           The toilet should never be used as a wash basin. Mr. Adam also remembers to wash his hands every time after he is finished.</p>
<p>Owlykqawmi fji f t wulji fqi zll vuhaq;uefu olwhit cg          olrm;ul b, mull csi fpm&amp;rvbllwmul Odbwllir, m;          obn;Muyly? ajcaxmulul aq;whit cg vuhaq;uevll          ajcaxmulx nrlit pm; ajcaxmulokwzll t Owp?wbut, lmwm          taumi f qlygy?</p>	<p>Mr. and Mrs. Ba have learned how to be considerate of others when using a wash basin or sink to prepare for prayer. When you wash your feet it is best if you bring a cloth or towel to wipe your feet instead of putting your feet up into the wash basin or sink.</p>
<p>t rsm;okvuhq;zllm;whvuhq;uefrn ajcaxmul aq;wm [ m          tar&amp;uefrn oylzll fw, mll, lqlygw, / vuhaq;uefrn          ajcaxmulwu, faq;clif t em;wOuefrnurtji f ay: rhn          pifuson;wla&amp;awul aoaocmcm olwlypyg/</p>	<p>In America it is considered very impolite or rude to use a wash basin or sink in a public place that is meant for hands to wash your feet. If you <i>do</i> wash your feet in the wash basin or sink, be sure to wipe up any water that may have splashed around it, and on the floor.</p>