Amelia Shindelar & Dr. Stephen Kells, 2011

Bedbugs are serious pests. They can enter your home on luggage, packages, or equipment. Bedbugs are about the size of an apple seed, flat, and red-brown when fully grown. They do not fly, but they can be difficult to see. For tips on how to avoid bringing bedbugs into your home, see the "Travel and Home" section.

About Bedbugs

- Bedbugs are tiny, flat, red-brown insects that are about the size of an apple seed.
- They do not fly, but they can be difficult to see.
- Bedbugs are most active at night and feed on human blood.
- They can reproduce quickly and are found in homes, schools, hospitals, and hotels.
- Bedbugs can cause discomfort and allergic reactions in some people.

Preventing Bedbugs

- Do not bring bedbugs into your home on luggage, packages, or equipment.
- Keep your home clean and free of clutter.
- Wash your clothing and bedding regularly.

Treating Bedbugs

- If you suspect you have bedbugs in your home, contact a pest control professional.
- Do not try to remove bedbugs on your own.
- Use a bedbug spray or fogger, following the manufacturer's instructions.

Sources:

- Minnesota Department of Health
- University of Minnesota Extension
- National Pest Management Association
- American Professional Pest Management Association