

## How is HIV NOT spread? - HIV/AIDS 101, part 5

HIV does not survive long outside the human body, such as on surfaces. It cannot reproduce outside of a human body.



HIV is **not** spread by:

- Air or water
- Mosquitoes, ticks or other insects

- Pets
- Saliva, tears, or sweat that is not mixed with the blood of an HIV-positive person
- Hugging or shaking hands with someone who is HIV-positive
- Sharing the same restroom as someone who is HIV-positive



- Sharing dishes/drinking glasses with someone who is HIV-positive
- Closed-mouth or “social” kissing with someone who is HIV-positive

- Drinking fountains
- Other sexual activities that don't involve the exchange of body fluids, such as touching.



Be sure to get answers to any questions you have about HIV/AIDS. Your public health department, health care provider, and public library can help.

Text is from HIV/AIDS sources from the Department of Health and Human Services and adapted by HealthReach and Healthy Roads Media. This project has been funded in whole or in part with Federal funds by the National Library of Medicine award number HHSN276201500011I awarded to the Center for Public Service Communications. Images from iStock.com.

Creation Date: March 2017