How is HIV NOT spread? - HIV/AIDS 101, part 5

HIV does not survive long outside the human body, such as on surfaces. It cannot reproduce outside of a human body.

HIV is **not** spread by:

- Air or water
- Mosquitoes, ticks or other insects
- Pets
- Saliva, tears, or sweat that is not mixed with the blood of an HIV-positive person
- Hugging or shaking hands with someone who is HIV-positive
- Sharing the same restroom as someone who is HIV-positive
- Sharing dishes/drinking glasses with someone who is HIV-positive
- Closed-mouth or “social” kissing with someone who is HIV-positive
- Drinking fountains
- Other sexual activities that don’t involve the exchange of body fluids, such as touching.

Be sure to get answers to any questions you have about HIV/AIDS. Your public health department, health care provider, and public library can help.