

Safe, Smart and Healthy – Keys to Success in Your New Home
Family Issues and Domestic Violence - 2

ENGLISH

If you or anyone you know is being abused—including men, women, older people or children—call 911 and report the abuse to the police.

If you do not feel safe at home you can call the National Domestic Violence Hotline, 24 hours a day, at 1-800-799-7233. This service can help you locate a shelter near you where you will be safe, and can also provide counseling.

All of these are toll-free calls that are *free* from any telephone.

Head Start is a school program for children ages 3 to 6, which is known as “preschool.”

WIC stands for *Women-Infants-Children* in English. This program provides food and food assistance to families, to make sure they have enough to eat.

Medicaid is health insurance provided by the government to pay for medical coverage.

Ask your caseworker for a referral to any of these programs.