

REFERENCES & RESOURCES

These resources have been divided into the following sections for ease of use with the corresponding modules of this manual.

- Section I:** Applied Life Skills
- Section II:** Parenting
- Section III:** Child Care
- Section IV:** Health & Wellness
- Section V:** Domestic Violence/Violence Against Women
- Section VI:** Public Benefits & Community Service
- Section VII:** Female Circumcision/Female Genital Mutilation

Section I: Applied Life Skills

Outline

- A. Cultural Orientation to the United States
- B. Independent Living Skills
- C. Islamic Issues
- D. For Women
- E. For Refugee Service Providers
- F. English as a Second Language, Employment, & Leadership

A. Cultural Orientation to the United States

<p>Citizenship and Immigration, Canada Brian Coleman Communications Canada 300 Slater Street Ottawa, Ontario CANADA (613) 957-8014</p>	<p><i>A Newcomer's Introduction to Canada</i></p>	<p>FREE. This is written especially for newcomers, based on the experiences of former newcomers from many parts of the world. While not specific to any ethnic group or gender, this booklet offers valuable information on the environment, getting settled, and general rules for finding a job.</p>
<p>Indochinese Cultural and Service Center 3030 Southwest 2nd Ave. Portland, OR 97201</p>	<p><i>Teaching Refugee Women</i></p>	<p>FREE. Refugee women are often less visible than other refugee groups, as they are more likely to remain in the home while their husbands and children attend school, find jobs, and generally adjust to the new culture. Child care responsibilities may prevent them from attending ESL classes and they are usually timid about venturing out on their own. The curriculum guide is designed for general independent living: personal information, everyday activities, clothing, food, home maintenance and safety, transportation, money, and social courtesies.</p>

<p>Intercultural Press P.O. Box 700 Yarmouth, ME 04096 (207) 846-5168</p>	<p><i>American Ways</i></p>	<p>\$14.95. A description of the basic characteristics of American culture (values, styles of communication, patterns of thinking, customary behaviors) that explains how they differ from the ways of other cultures. The author then demonstrates how these characteristics are reflected in the many aspects of American life that the foreigner encounters: politics, family life, education, the media, male-female relations, involvement in organizations, and behavior in public.</p>
<p>Intercultural Press P.O. Box 700 Yarmouth, ME 04096 (207) 846-5168</p>	<p><i>Living in the U.S.A.</i></p>	<p>\$15.95. <i>Living in the U.S.A.</i> is provided by multinational corporations to their foreign personnel in the U.S. It is also used by intercultural training firms, international organizations, and governmental and non-governmental agencies, especially those concerning refugees and immigrants. A partial listing of topics covered includes general first impressions, customary behaviors and dominant attitudes, business practices and work environment, social manners and courtesies, transportation and money management, medical care, food and dining services, shopping, communications, safety and emergencies, housing, care of young children, schools, teenage life, household help, and religion.</p>
<p>Intercultural Press P.O. Box 700 Yarmouth, ME 04096 (207) 846-5168</p>	<p><i>Moving Your Family Overseas</i></p>	<p>\$14.95. This is a special book on moving abroad, designed explicitly for use by the entire family. The authors discuss informing the children and assisting them in adapting, making the most of the trip and managing the living quarters, keeping the family functioning as an effective unit.</p>
<p>Intercultural Press P.O. Box 700 Yarmouth, ME 04096 (207) 846-5168</p>	<p><i>The Art of Crossing Cultures</i></p>	<p>\$14.95. A compelling analysis of the personal challenges inherent in the cross-cultural experience, based not only on psychological and communication theory, but on the vivid perceptions of an assortment of the world's greatest writers and the literature they have produced.</p>

Journey of Hope

<p>Intercultural Press P.O. Box 700 Yarmouth, ME 04096 (207) 846-5168</p>	<p><i>The Mullah With No Legs (and other stories)</i></p>	<p>\$14.95. In these short stories, the author gives us a view of Iran through the lens of American culture. The stories, based on the author's experience, focus on the family and friends of a child growing up in Iran and on his later life as a student in the U.S. All the characters are buffeted by the clash of tradition and modernity, especially by the impact of Western technology and culture.</p>
<p>Intercultural Press P.O. Box 700 Yarmouth, ME 04096 (207) 846-5168</p>	<p><i>The Whole World Guide to Language Learning</i></p>	<p>\$14.95. The author offers a set of guidelines and instructions so clear and easy to follow that if they are used consistently, anyone will be able to pursue language learning successfully while abroad. The program is inexpensive, takes place at the learner's own speed, and involves a maximum use of and involvement with the whole community. Two core elements are the use of the mentor and the other is the daily learning cycle.</p>
<p>Intercultural Press P.O. Box 700 Yarmouth, ME 04096 (207) 846-5168</p>	<p><i>Women's Guide to Overseas Living</i></p>	<p>\$15.95. This perspective book was written by two women who have lived abroad for many years. They examine critical issues to women and their families who relocate: learning about culture shock and other adjustments, handling stress and loneliness, managing the household, helping children adjust, and staying healthy.</p>
<p>Melodija Books Raimonda Mikatavage P.O. Box 689 Hampstead, MD 21074 (410) 374-5106</p>	<p><i>Life in the U.S.A.</i></p>	<p>\$19.95 (\$12.95 if brought with Resource binder). Windows Software disk by Autonomy Publishing Corp. A useful guide to American life: the people, land, culture, making a living, starting and running a business, religion in America, public services, transportation, immigration and citizenship, and American government and law.</p>

<p>Melodija Books Raimonda Mikatavage P.O. Box 689 Hampstead, MD 21074 (410) 374-5106</p>	<p><i>Pioneer Living Series</i></p>	<p>\$39.95 (10% discount). Reproducible Resource binder by Raimonda Mikatavage. Topics include education, relationships, work, money, major purchases, health, and safety. Over 140 reproducible master pages, plus 10 pages of popular Internet web sites in the areas of immigration, ESL, car guides, job listings, consumer information, government resources, and travel. Teaches how to surpass language difficulties, save money and find a credit union, understand taxes and social security, cope with depression and other mental ailments, deal with emergencies, accidents and scams, build a credit history and obtain a credit card.</p>
<p>Melodija Books Raimonda Mikatavage P.O. Box 689 Hampstead, MD 21074 (410) 374-5106</p>	<p><i>Speaking of Survival</i></p>	<p>\$11.50. High-beginning/Low-intermediate ESL workbook by Daniel Freeman. Designed to provide the vocabulary newcomers need to cope in vital areas of life. Topics include medical care, emergencies, banking, shopping, transportation, and more.</p>
<p>Melodija Books Raimonda Mikatavage P.O. Box 689 Hampstead, MD 21074 (410) 374-5106</p>	<p><i>The Complete Guide to Immigration and Successful Living in the U.S.</i></p>	<p>\$39.95. By Access U.S.A., Inc. The Immigration Law section provides a comprehensive overview of regulations in easy-to-read words and charts. Contains copies of Immigration and Naturalization (INS) forms to fill out. A The Successful Living section covers banking, credit, investments, taxes, shopping, finding employment, and good schools, and improving English.</p>
<p>Refugee Transitions Deborah McSmith 942 Market Street Suite 412 San Francisco, CA 94102 (415) 989-2151</p>	<p><i>How to Mix and Meet With Americans and How to Understand Their Courtesies</i></p>	<p>FREE. Offers a chapter on learning to and understanding how to socialize with Americans. Though originally designed for newly arrived Asian immigrants, but applicable to any culture, the pamphlet is written in easy-to-comprehend text with pictures to accompany.</p>

<p>United Nations High Commission for Refugees Larry Yunk 1775 K St., NW Washington, DC 20006 (202) 296-5191</p>	<p><i>Cultural Orientation Program: Curriculum Lesson Guide</i></p>	<p>FREE. This cultural orientation curriculum guide contains outlines and activities/lessons plans as developed by representatives of the agencies currently implementing the UNHCR Intensive English as a Second Language and Cultural Orientation Program. This guide, though originally designed for refugees from Southeast Asia, is applicable to other ethnic groups.</p>
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B. Independent Living Skills

<p>Center for Development and Population Activities 1400 16th St., NW Suite 100 Washington, DC 20036 (202) 667-1142</p>	<p><i>Choose a Future! Issues and Options for Adolescent Girls</i></p>	<p>\$25.00. This training manual helps girls and young women examine issues and options in their lives, set goals, develop new skills in analysis and decision-making, and build self-esteem. Field-tested in South Asia, Africa, and Latin America, the manual contains 12 modules. Girls are actively involved in creating their own solutions to situations they encounter at home, in school, at work, and with male and female peers. Skits, stories and poems, games, crafts, posters and cartoons, field trips, and other activities stimulate learning and participation. Sessions on work, marriage, and motherhood help girls who are restricted by poverty and gender roles to explore positive options available to them, are complimented by sessions on reproductive issues: health, education, economic effects, abuse and violence, and harmful traditional practices.</p>
<p>City Family Arthur Shiff P.O. Box 748, Ansonia Station New York City, NY 10023 (212) 362-3052</p>	<p><i>City Family Magazine: Guide to Better Living</i></p>	<p>FREE. Life in the United States isn't always easy. Learning how laws affect you, about finding a job, about good medical care, and many other things, can be difficult. We bring information for better living directly to you. This magazine is a favorite of adult students, library patrons, union members, job trainees, clinic patients, service agency clients, newly arrived immigrants and refugees, and others working hard to improve their lives.</p>

<p>Consumer Information Center Catalog S. James/R. Woods P.O. Box 100 Pueblo, CO 81002 (719) 948-4000</p>		<p>Offers a variety of free booklets on cars, children, employment, the environment, federal programs and benefits, housing, money, and travel. Up to 25 booklets can be ordered for free. For over 25 booklets, prices range from \$0.50 to \$10.00.</p>
<p>Daniel Memorial Brenda Pausche 4203 Southpoint Blvd. Jacksonville, FL 32216 (800) 226-7612</p>	<p><i>Independent Living Skills System</i></p>	<p>\$1,195.00 ILS System. Topics include money management/consumer awareness, food management, health, housekeeping, housing, transportation, educational planning, job-seeking, emergency and safety skills, knowledge of community resources, religion, and leisure activities.</p>
<p>Daniel Memorial Brenda Pausche 4203 Southpoint Blvd. Jacksonville, FL 32216 (800) 226-7612</p>	<p><i>Skills, Training and Education for Pregnancy Prevention and Parenting</i></p>	<p>\$695.00 STEPPE System, \$10.00 additional Interview Assessments, \$12.00 additional Objective Assessments, and \$20.00 Generated Skill Plan Services. Topics include knowledge of sex education, family planning, childbirth preparation, nutrition and exercise, teen pregnancy, parenting infants, and parent/child development.</p>
<p>Daniel Memorial Brenda Pausche 4203 Southpoint Blvd. Jacksonville, FL 32216 (800) 226-7612</p>	<p><i>Yetunde</i></p>	<p>\$8.95 Instruction Manual and \$6.75 Workbook. By Linda Scope. Rites of Passage are structured programs by which women of the African-American community teach girls of that community how to grow into responsible women.</p>
<p>Department of Health and Human Services Ginger Hart 2525 Mount Vernon Ave. Alexandria, VA 22301 (703) 838-0700</p>	<p><i>100 Questions To Ask Yourself To Find Out Just How Ready You Are To Go Out On Your Own</i></p>	<p>FREE. Taking control of your life is a difficult task. The sooner you begin to prepare for independent living the better your chances will be of succeeding. The questions in this booklet are intended to help you think about the realities of living on your own.</p>
<p>Department of Health and Human Services Ginger Hart 2525 Mount Vernon Ave. Alexandria, VA 22301 (703) 838-0700</p>	<p><i>Start-Up Costs</i></p>	<p>FREE. Section of a workbook that introduces the reader to the costs associated with moving into a new place and other budgeting concerns.</p>

Journey of Hope

<p>Department of Health and Human Services Ginger Hart 2525 Mount Vernon Ave. Alexandria, VA 22301 (703) 838-0700</p>	<p><i>The Road to Independent Living: A Handbook for Adults</i></p>	<p>FREE. The purpose of this handbook is to provide resources for social workers, foster parents, and volunteers who are assisting teenagers and adults for a more self-sufficient independence. Topics include: identifying and planning goals, daily living skills, developing a career, searching for a job, maintaining employment, and building relationships with family and friends.</p>
<p>Department of Social and Health Services Division of Children and Family Services B37-4, 1720 Ellis St., P.O. Box 32090 Bellingham, WA 98228-4090 (360) 647-6100</p>	<p><i>The New Making it on Your Own</i></p>	<p>FREE. Created by the Virginia Commonwealth University's School of Social Work, this workbook is an easy-to-understand workbook for general independent living: job hunting, money management, apartment living, home management, and community resources.</p>
<p>Life Skills Education Center Jack Zeran 12114 SE 75th Place Newcastle, WA 98056 (206) 271-0502</p>	<p><i>It's Your Future: Survival Skills for the Real World</i></p>	<p>\$650.00 (\$250.00 for the Teacher's Manual only). A series of classroom simulations, designed through the cooperative efforts of teachers, students, business, and the community to explore the working world, personal finances, independent living, transportation, the consumer, leisure time, and health and wellness. Participants are engaged in the tasks of choosing a career, finding a job, renting an apartment, establishing a bank account, and budgeting earnings. Within each lesson participants are given the opportunity to field test what they have learned by possibly calling a business and requesting a tour of its daily operations or visiting a car dealership.</p>
<p>Metropolitan Life Insurance Company Life Advice New York City, NY</p>	<p><i>Life Advice About Doing Your Taxes</i></p> <p><i>Life Advice About Running a Small Business</i></p> <p><i>Life Advice About Starting a Business</i></p> <p><i>Life Advice About Taking Legal Action</i></p>	<p>FREE. All easy-to-understand pamphlets on various financial matters featuring the Peanuts characters.</p>

C. Islamic Issues

<p>Arab World and Islamic Services</p>	<p>http://www.dnai.com/~gui/awairproductinfo.html</p>	<p>The AWAIR (Berkley, CA) is a non-profit dedicated to the awareness of Arab and Islamic culture. We work primarily with schools, offering an exciting range of informative material. We feel it is vital to make these materials available so that both the curious and proud have a means of connecting to the heritage. Prices vary.</p>
<p>El Saadawi, N.</p>	<p><i>The Hidden Face of Eve: Women in the Arab World</i></p>	<p>1980. This is a personal account of growing up in the Islamic world. The author explores a host of topics that include sexual aggression against female children, the circumcision of young girls, prostitution, sexual relationships, and marriage and divorce.</p>
<p>Ferne, Elizabeth Warnock</p>	<p><i>In Search of Islamic Feminism: One Woman's Global Journey</i></p>	<p>1998 New York: Doubleday. This book explores the nature of feminism in the context of Muslim women's lives, Muslim women's organizations and Muslim women's struggles.</p>
<p>Haddad, Yvonne Yazbeck</p>	<p><i>Islamic Vales in the United States: A Comparative Study</i></p>	<p>New York City: Oxford University Press, 1987. \$14.95</p>
<p>Haddad, Yvonne Yazbeck</p>	<p><i>The Muslims of America</i></p>	<p>New York City: Oxford University Press, 1991. \$18.95</p>
<p>Islamic Information Service Sharaf N. Rehman, Ph.D. P.O. Box 6220 Altadena, CA 91003-6220 (818) 791-9818</p>		<p>This organization offers a large variety of television programs produced by IIS on Islam-related topics, including "Women in Islam," "Islam in America," and "Immigrant Muslims." \$39.00 (five videos), \$24.95 (two videos)</p>
<p>Yamani, Mai (ed.)</p>	<p><i>Feminism and Islam: Legal and Literary Perspectives</i></p>	<p>1996 NY: New York University Press. This book examines how women in Islamic societies have become more actively involved not only in learning their rights under the sharia, but in regarding this law to improve their status and gain increased equality and freedom.</p>

D. For Women

<p>Women Make Movies, Inc. Distribution Dept. 462 Broadway, Suite 500E New York City, NY 10013 (212) 925-0606</p>	<p><i>Its Okay to Peek: Gynecological Self-Exam</i></p>	<p>Video. Rental \$60.00, VHS Sale \$175.00. This is a self-help tool for empowerment useful for detecting changes in the vaginal tract that could signal potential medical problems.</p>
<p>Women Make Movies, Inc. Distribution Dept. The 1997 Film and Video Catalog 462 Broadway, Suite 500E New York City, NY 10013 (212) 925-0606</p>	<p><i>Acting Our Age: A Film About Women Growing Old</i></p>	<p>Video. Rental \$90.00, VHS Sale \$275.00. This film offers empowering insights about women and aging. Personal portraits of six ordinary women in their 60s and 70s share their lives. Topics include self-image, sexuality, financial concerns, dying, and changing family relationships.</p>
<p>Women Make Movies, Inc. Distribution Dept. The 1997 Film and Video Catalog 462 Broadway, Suite 500E New York City, NY 10013 (212) 925-0606</p>	<p><i>As Women See It</i></p>	<p>Video. Rental \$60.00, VHS Sale \$250.00. This is a unique collection of films by women about women in the Third World.</p>
<p>Women Make Movies, Inc. Distribution Dept. The 1997 Film and Video Catalog 462 Broadway, Suite 500E New York City, NY 10013 (212) 925-0606</p>	<p><i>Calling the Ghosts: A Story About Rape, War and Women</i></p>	<p>Video. Rental \$90.00, VHS Sale \$325.00. This powerful documentary is a first-person account of two women caught in war in Bosnia-Herzegovina where rape was as much an everyday weapon as bullets and bombs.</p>
<p>Women Make Movies, Inc. Distribution Dept. The 1997 Film and Video Catalog 462 Broadway, Suite 500E New York City, NY 10013 (212) 925-0606</p>	<p><i>Delirium</i></p>	<p>Video. Rental \$50.00, VHS Sale \$200.00. This film explores the historical relationship between women and madness with wit and sensitivity.</p>
<p>Women Make Movies, Inc. Distribution Dept. The 1997 Film and Video Catalog 462 Broadway, Suite 500E New York City, NY 10013 (212) 925-0606</p>	<p><i>Hidden Faces</i></p>	<p>Video. Rental \$90.00, VHS Sale \$295.00. This film develops into a fascinating portrayal of Egyptian women's lives in Muslim society, highlighting the life of Nasal El Saadawi.</p>

<p>Women Make Movies, Inc. Distribution Dept. The 1997 Film and Video Catalog 462 Broadway, Suite 500E New York City, NY 10013 (212) 925-0606</p>	<p><i>Iraqi Women: Voices from Exile</i></p>	<p>Video. Rental \$75.00, VHS Sale \$250.00. This film provides a rare look at the recent history of Iraq through the eyes and experiences of Iraqi women living in exile. The Arab world usually speaks to the outside with a male voice and Arab women's voices are rarely heard. This documentary features moving interviews with women about life in Iraq before Saddam Hussein came to power, in the years of repression under his regime, and through the Gulf War in 1991.</p>
<p>Women Make Movies, Inc. Distribution Dept. The 1997 Film and Video Catalog 462 Broadway, Suite 500E New York City, NY 10013 (212) 925-0606</p>	<p><i>Menopause: Our Shared Experience</i></p>	<p>Video. Rental \$60.00, VHS \$195.00. This film explores the physical and psychological experience of menopause.</p>
<p>Women Make Movies, Inc. Distribution Dept. The 1997 Film and Video Catalog 462 Broadway, Suite 500E New York City, NY 10013 (212) 925-0606</p>	<p><i>No Time to Stop: Women Immigrants</i></p>	<p>Video. Rental \$60.00, VHS Sale \$250.00. Three women who have different stories and different aspirations share a common bond: they are immigrants, women of color, and struggling to make a dignified life for themselves.</p>
<p>Women Make Movies, Inc. Distribution Dept. The 1997 Film and Video Catalog 462 Broadway, Suite 500E New York City, NY 10013 (212) 925-0606</p>	<p><i>On Becoming a Woman</i></p>	<p>Video. Rental \$80.00, VHS Sale \$195.00. This documentary provides rare insights into some important health issues for African American women (teen pregnancy, reproduction, birth control, and self-examination).</p>
<p>Women Make Movies, Inc. Distribution Dept. The 1997 Film and Video Catalog 462 Broadway, Suite 500E New York City, NY 10013 (212) 925-0606</p>	<p><i>Sidet: Forced Exile</i></p>	<p>Video. Rental \$75.00, VHS Sale \$295.00. During the past two decades, more than two million refugees have left Ethiopia. Famine, poverty, and political strife as well as religious persecution caused by Eritrea's annexation have already cost countless lives.</p>

<p>Women Make Movies, Inc. Distribution Dept. The 1997 Film and Video Catalog 462 Broadway, Suite 500E New York City, NY 10013 (212) 925-0606</p>	<p><i>Waking up to Rape</i></p>	<p>Video. Rental \$65.00, VHS Sale \$250.00. This is a powerful film that examines the personal trauma of rape, its long-term psychological effects, societal attitudes about sexual assault, and the problem of racism in the criminal justice system.</p>
<p>Women Make Movies, Inc. Distribution Dept. The 1997 Film and Video Catalog 462 Broadway, Suite 500E New York City, NY 10013 (212) 925-0606</p>	<p><i>Why Women Stay</i></p>	<p>Video. Rental \$60.00, VHS Sale \$225.00. This documentary examines the complex reasons why women remain in violent homes and challenges the prevailing attitudes which accept domestic violence as well as the social structures which perpetuate it.</p>
<p>Women Make Movies, Inc. Distribution Dept. The 1997 Film and Video Catalog 462 Broadway, Suite 500E New York City, NY 10013 (212) 925-0606</p>	<p><i>Women: The New Poor</i></p>	<p>Video. Rental \$60.00, VHS Sale \$195.00. Divorced women and single mothers who lack skills and opportunities for economic self-sufficiency represent the alarming feminization of poverty in the U.S.</p>

E. For Refugee Service Providers

<p>Aswad, Barbara and Barbara Bilge (eds.)</p>	<p><i>Family & Gender among American Muslims: Issues Facing Middle Eastern Immigrants and Their Descendants</i></p>	<p>A collection of articles that explore the social and historical conditions of the Muslim migration, as well as the issues affecting Muslim-American life. This book provides information on topics such as intergenerational conflict about identity and values, intermarriage, religious and community involvement, gender and family structure, education, needs of the elderly, and physical and mental health problems.</p>
<p>Dirie, Waris and Cathleen Miller</p>	<p><i>Desert Flower: The Extraordinary Journey of a Desert Nomad</i></p>	<p>New York: William Morrow and Company, Inc., 1998. This autobiography tells the story of supermodel Waris Dirie, who was born in a traditional Somali family of nomads. The book explores her journey from exploitation, casual violence and attempted rape to her modeling career in Europe and the United States.</p>

<p>Fadiman, Anne</p>	<p><i>The Spirit Catches You and You Fall Down: A Hmong Child, Her American Doctors, and the Collusion of Two Cultures</i></p>	<p>New York: Noonday Press, 1997. This book explores the clash between a small country hospital in California and a refugee family from Laos over the care of Lia Lee, a Hmong child diagnosed with severe epilepsy. <i>Winner of the National Book Critics Circle Award for Nonfiction.</i></p>
<p>Gropper, Rena</p>	<p><i>Culture and the Clinical Encounter: An Intercultural Sensitizer for the Health Professions</i></p>	<p>Intercultural Press, Inc., 1996. This book utilizes critical incidents to educate health professionals about the importance of cultural differences in health care delivery. The reader is presented with conflicts and problems within the context of a clinical setting and are expected to choose the best of four explanations.</p>
<p>Institute for Cultural Partnerships Fouzia Musse</p>	<p><i>A Profile of New Refugee Arrivals: Tunnis From Somalia, the Rer Brava and Shangamas</i></p>	<p>FREE. In early 1996, the UNHCR in Kenya recommended that the refugees living in the Hatimy camp to be resettled in the U.S. Interviews and processing began shortly after, and approx. 4,500 Somali refugees mostly from the Tunni clan (Rer Brava and Shangamas) who had lived in the Benadir region of Somalia, were approved for resettlement in the U.S. Prior to departure, each refugee will receive a medical screening and any required medical treatment, particularly for tropical and parasitic diseases. The article gives clan descriptions, geography and economy, a history of Tunni refugees in Kenya, Tunni society and family, language and education, religion, occupation, skills and employment, custom, traditions and arts, and medical issues.</p>
<p>International Catholic Migration Commission</p>	<p><i>U.S. Cultural Orientation Curriculum</i></p>	<p>Zagreb, Croatia: International Catholic Migration Commission, 1997.</p>
<p>International Center for Research for Women 1717 Mass., Ave., Suite 302 Washington, DC 20036</p>	<p><i>Taking Women into Account: Lessons Learned from NGO Project Experiences</i></p>	<p>ICRW, 1996. This book highlights the experiences of U.S. NGOs in integrating women and gender concerns into their development activities, as well as illustrating practical and replicable lessons learned from case studies.</p>
<p>Nichols, Jane</p>	<p><i>Refugee Guide to the United States of America</i></p>	<p>FREE. Pictures and text give a brief introduction to life in America. Translated into Arabic.</p>

<p>Nichols, Jane</p>	<p><i>Transition Strategies: Iraqi Refugee Cultural and Psychological Adaptation Issues</i></p>	<p>FREE. This paper is a preliminary investigation exploring some of the cultural and psychological adjustment issues of the Gulf War refugee population. The Gulf War refugee population consists of Kurds predominantly from Northern Iraq. The data gathered for this paper was from social service agency employees and the Iraqi refugees now residing in three cities in the U.S. Life transitions, particularly when induced by war or traumatic life events, often create significant emotional challenges. It has been suggested by various agencies that the Iraqi population is challenged in adapting to life in the U.S.</p>
<p>Nichols, Jane</p>	<p><i>Transitions</i></p>	<p>FREE. The three phases of change and adaptation are: an ending, followed by a period of confusion and distress, leading to a new beginning. These three parallel with the processes we experience as cross-cultural adventurers or are forced to experience as a refugee. This paper examines transition issues and processes in the context of the three phases and with other articles on culture shock. Secondly, this paper applies the theory to the issues of refugee resettlement and suggests some conclusions and observations.</p>
<p>Office of Pastoral Care for Immigrants and Refugees (UCSC/M.S.) U.S. Catholic Conference Publishing Department 3211 4th St., NE Washington, DC 20017 (301) 209-9020</p>	<p><i>Who Are My Brothers and Sisters? A Catholic Curriculum Guide for Understanding and Welcoming Immigrants and Refugees</i></p>	<p>\$14.95, \$6.95 (Order No. 5-006 and 5-057). This is a significant resource in combating the prevailing anti-immigrant feelings in the U.S. The document weaves the Catholic Church teachings of welcoming and supporting the stranger throughout the text. The completed curriculum guide will be available by early 1996.</p>

<p>Refugee Policy Group Center for Policy Analysis and Research on Refugee Issues 1424 16th Street, NW Suite 401 Washington, DC 20036 (202) 387-3015</p>	<p><i>Issues and Options for Refugee Women in Developing Countries</i></p>	<p>FREE. The Refugee Policy Group is a non-profit, private organization established in 1982. Its purpose is to serve as an independent center of policy analysis and research on refugee issues. This report is an initial effort to explore a variety of complex issues regarding refugee women and the impact that their refugee status has had on their lives. While not a definitive study, its purpose is to create an awareness of the needs of refugee women and to generate a commitment on the part of assistance agencies to respond accordingly.</p>
<p>Refugee Policy Group Center for Policy Analysis and Research on Refugee Issues 1424 16th Street, NW Suite 401 Washington, DC 20036 (202) 387-3015</p>	<p><i>Older Refugees in the United States: From Dignity to Despair</i></p>	<p>A paper on the experiences of elderly immigrants who relocate to the U.S. Topics include: financial security, English, health, housing, transportation, intergenerational tensions, community and religion, and death and dying. Though not specific to any ethnic group or gender, the booklet may be useful for older female clients.</p>
<p>Ryan, Angela Shen (ed.)</p>	<p><i>Social Work with Immigrants and Refugees</i></p>	<p>Haworth Press, 1992. This book provides service providers with valuable information on social work issues regarding delivery of services to new populations. The articles contained in the book promote a needed understanding of the realities of these groups' experiences.</p>

F. English As a Second Language, Employment, & Leadership

<p>Center for Applied Linguistics Refugee Service Center 1118 22nd St. Washington, DC 20037 (202) 429-9292</p>	<p><i>A Guide to Resettlement in the United States</i></p>	<p>FREE. The 1985 resettlement guide gives fundamental aspects of life in the U.S., such as employment, education, government, law, and consumerism. Languages available: Amharic (a), Farsi (d), Kurdish (g), and Somali (k).</p>
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<p>Center for Applied Linguistics Refugee Service Center 1118 22nd St. Washington, DC 20037 (202) 429-9292</p>	<p><i>Fact Sheet Series</i></p>	<p>\$3.00 each (single copies complimentary). These are designed for service care providers and others assisting newcomers to America, containing a basic introduction to the people, history culture of different refugee groups and include topics such as geography, economy, history, social structure and gender roles, language and literacy, education, religion, art and song, food and dress, and festivities. Groups available: Ethiopians (#1), Somalis (#9), Iraqis (#11) and Iraqi Kurds (#13).</p>
<p>Center for Applied Linguistics Refugee Service Center 1118 22nd St. Washington, DC 20037 (202) 429-9292</p>	<p><i>Family as Resource</i></p>	<p>An Overseas Refugee Training Program Video Presentation. \$60.00. Video that draws from and builds upon existing networks of community resources describing intergenerational methods which stress age and gender perspectives, family content, supporting structures where cooperation and risk-taking are practiced. The principle assumption is that good education results from an integration of home, school and community.</p>
<p>Center for Applied Linguistics Refugee Service Center 1118 22nd St. Washington, DC 20037 (202) 429-9292</p>	<p><i>From the Classroom to the Community: A 15-Year Experiment in Refugee Education</i></p>	<p>\$14.95. This book describes the unique educational program established in 1980 for U.S.- bound refugees in Southeast Asia, analyzing forces that led to the launching of the program and discusses some of its innovative practices which include language literacy, educating parent's involvement in their children's education, and integrating educational and social systems for young adults.</p>
<p>Center for Applied Linguistics Refugee Service Center 1118 22nd St. Washington, DC 20037 (202) 429-9292</p>	<p><i>Helping Refugees to Learn to Read and Write</i></p>	<p>An Overseas Refugee Training Program Video Presentation. \$60.00. Video about ESL literacy introduction, presenting the three fundamental principles of: reading and writing with a focus on meaning, second language literacy can develop at the same time as speaking and listening, students need a literacy-rich environment.</p>

<p>Center for Applied Linguistics Refugee Service Center 1118 22nd St. Washington, DC 20037 (202) 429-9292</p>	<p><i>How to Integrate Language and Content Instruction: A Training Manual</i></p>	<p>\$10.00. A training manual to help language teachers and content area teachers integrate language learning and academic content for students of limited English proficiency.</p>
<p>Center for Applied Linguistics Refugee Service Center 1118 22nd St. Washington, DC 20037 (202) 429-9292</p>	<p><i>Native Language and Content Instruction for Adults: Patterns, Issues, Promises</i></p>	<p>\$5.00</p>
<p>Center for Applied Linguistics Refugee Service Center 1118 22nd St. Washington, DC 20037 (202) 429-9292</p>	<p><i>Opening the Word: Narrative Activities for ESL Students</i></p>	<p>An Overseas Refugee Training Program Video Presentation. \$60.00. Using narrative (any oral or written language event which involves a story line) in ESL classrooms, showing how to use story lines in a variety of contexts including story books, news reporting, round-robin writing about personal and group experiences. Lessons about story lines are explained and demonstrated through examples from actual classrooms.</p>
<p>Center for Applied Linguistics Refugee Service Center 1118 22nd St. Washington, DC 20037 (202) 429-9292</p>	<p><i>Phrase Books</i></p>	<p>\$5.00 each (cassette versions available). The English phrases in the books have been selected for their directness, brevity, and relevance to the needs of newly arrived residents of the U.S., including phrases and supplementary vocabulary for use in daily activities of American life (examples: giving information about yourself, recognizing signs, dealing with money, health, food, clothing, housing, and jobs). Languages available: English-Farsi.</p>
<p>Center on Education and Training for Employment College of Education Ohio State University 1900 Kenny Road Columbus, OH 43210-1090 (614) 292-4353</p>	<p><i>A Multi-cultural Focus on Career Education</i></p>	<p>\$5.25. By Don Locke and Larry Parker.</p>
<p>Center on Education and Training for Employment College of Education Ohio State University 1900 Kenny Road Columbus, OH 43210-1090 (614) 292-4353</p>	<p><i>Complete Set</i></p>	<p>\$895.00. Contains 57 Occupations with math skills through 6th grade and reading skills through 4th-5th grade level.</p>

<p>Center on Education and Training for Employment College of Education Ohio State University 1900 Kenny Road Columbus, OH 43210-1090 (614) 292-4353</p>	<p><i>Creative Inclusive Adult Learning Environments: Insights from Multi-cultural Education and Feminist Pedagogy</i></p>	<p>\$9.75. By Elizabeth Tisdell.</p>
<p>Center on Education and Training for Employment College of Education Ohio State University 1900 Kenny Road Columbus, OH 43210-1090 (614) 292-4353</p>	<p><i>Enhancing Diversity in Vocational Education</i></p>	<p>\$6.00. By Blannie Bowen and Gary Jackson.</p>
<p>Center on Education and Training for Employment College of Education Ohio State University 1900 Kenny Road Columbus, OH 43210-1090 (614) 292-4353</p>	<p><i>Equity, Women and Literacy: Guide to Literature and Issues for Women-Positive Programs</i></p>	<p>\$9.75. By Susan Imel and Sandra Kerka.</p>
<p>Center on Education and Training for Employment College of Education Ohio State University 1900 Kenny Road Columbus, OH 43210-1090 (614) 292-4353</p>	<p><i>Leadership in Entrepreneurship: Resources for Small Business Development and Enhancement</i></p>	<p>\$9.75. By Judy Balogh.</p>
<p>Center on Education and Training for Employment College of Education Ohio State University 1900 Kenny Road Columbus, OH 43210-1090 (614) 292-4353</p>	<p><i>Life Skills Curriculum</i></p>	<p>\$495.00</p>
<p>Center on Education and Training for Employment College of Education Ohio State University 1900 Kenny Road Columbus, OH 43210-1090 (614) 292-4353</p>	<p><i>Psychological Development of Women: Linkages to Teaching and Leadership in Adult Education.</i></p>	<p>\$7.00. By Rosemary Caffarella.</p>
<p>Center on Education and Training for Employment College of Education Ohio State University 1900 Kenny Road Columbus, OH 43210-1090 (614) 292-4353</p>	<p><i>The Vocational and Language Development of Limited English Proficient Adults</i></p>	<p>\$8.00. By Joan Friendenberg</p>

<p>Channing Bete Co., Inc. 200 State Road South Deerfield, MA 01373 (800) 628-7733</p>	<p><i>What You Should Know About: Job Interview Skills</i></p>	<p>FREE. Fifteen page easy-to-understand pamphlet with pictures and charts on getting a job.</p>
<p>Deva Clothiers Lois Small Route #9 Ranson, WV 25438 (304) 728-6792</p>		<p>Cutting facility in West Virginia, ideal for home-based stitchers. Most groups are women, all self-employed, and put out between 50 and 300 garments per week. Heavy industrial sewing equipment are required purchases for anyone interested.</p>
<p>ERIC Personal Library Software Document Reproduction Service 7420 Fullerton Road, Suite 110 Springfield, VA 22153 (800) 443-ERIC</p>	<p><i>A Field Guide for Literacy: Life Skills and Literacy for Adult Beginning Readers and ESL Students</i></p>	<p>\$1.34 MF, \$27.79 PC (173 pages). By Jane Ditmars. Life skills curricula that includes four sections: focus on language arts, focus on life skills and literacy, focus on holidays and observances, and focus on survival math.</p>
<p>ERIC Personal Library Software Document Reproduction Service 7420 Fullerton Road, Suite 110 Springfield, VA 22153 (800) 443-ERIC</p>	<p><i>ABLE Curriculum Guide 1994. A Resource Listing for ABLE Practitioners</i></p>	<p>\$1.34 MF, \$11.91 PC (59 pages). By Sherry Royce. This bibliography lists 52 recently published resources for adult basic literacy education (ABLE) and ESL adult learners. The materials featured were selected from 350 books, videos, computer-assisted instruction programs on the topics of life skills, family literacy, vocational skills, etc.</p>
<p>ERIC Personal Library Software Document Reproduction Service 7420 Fullerton Road, Suite 110 Springfield, VA 22153 (800) 443-ERIC</p>	<p><i>Arlington Adult Learning System (AALS) Curriculum: A Transitional ESL Curriculum for Adults</i></p>	<p>\$1.34 MF, \$123.07 PC (751 pages). By Carol Molek and Barbara Woodruff. AALS is a consortium in which the adult education provider coordinates efforts between itself and a community-based organization, a vocational institute, and a university to transition limited English-proficient adults into college and vocational training. Descriptions of the scope, assessment system, and criteria for determining skill levels are supplied for participants in need of life skills training.</p>

<p>ERIC Personal Library Software Document Reproduction Service 7420 Fullerton Road, Suite 110 Springfield, VA 22153 (800) 443-ERIC</p>	<p><i>Branches Out! A Language and Life Skills Competency- based Curriculum Integrated With MELT Competencies</i></p>	<p>\$1.34 MF, \$71.46 PC (450 pages). By Eleanora Bell and Twila Evans. An adult education curriculum combining life skills and language instruction for students of ESL, integrating communicative language skills of learning, interpreting non-verbal language, speaking, reading, and writing, and instructional material on these topics: personal information, housing, environment, health, shopping, money/banking, transportation and community services/responsibility.</p>
<p>ERIC Personal Library Software Document Reproduction Service 7420 Fullerton Road, Suite 110 Springfield, VA 22153 (800) 443-ERIC</p>	<p><i>Common Threads: A Whole Language Text for Intermediate ESL Readers. ESL: Reading in a Skills Curriculum</i></p>	<p>\$1.34 MF, \$19.85 PC (124 pages). By Beverly Martin. Ten chapters address a variety of topics relating to daily life in America, including: travel and transportation, the nuclear and extended family, holiday traditions and customs, the education system, the workplace and its rules, moving to a new community, buying on credit, making major purchases, health and hospital care, child care alternatives, and working parent concerns.</p>
<p>ERIC Personal Library Software Document Reproduction Service 7420 Fullerton Road, Suite 110 Springfield, VA 22153 (800) 443-ERIC</p>	<p><i>Everyday Basic Skills: Final Report and Product</i></p>	<p>By Carol Molek and Barbara Woodruff. \$1.34 MF, \$59.55 PC (361 pages). Curriculum for basic adult education, literacy skills, job skills learning, parenting instruction, employment, everyday mathematics and English, and social and reasoning skills. Modules include the following: learning activities, information sheets, self-assessment questionnaires, teaching strategies and techniques.</p>
<p>ERIC Personal Library Software Document Reproduction Service 7420 Fullerton Road, Suite 110 Springfield, VA 22153 (800) 443-ERIC</p>	<p><i>Personal Inventory: Market Yourself</i></p>	<p>FREE. Checklist will help you see how you might perform better in some occupations than others. The job needs checklist, the pre-application test, and the guidelines for filling out applications for employment also help a person looking for a job.</p>

<p>ERIC Personal Library Software Document Reproduction Service 7420 Fullerton Road, Suite 110 Springfield, VA 22153 (800) 443-ERIC</p>	<p><i>Project Work English Competency-Based Curriculum: Survival Level One</i></p>	<p>\$1.34 MF, \$27.79 PC (159 pages). By Carol Molek and Barbara Woodruff. Curriculum for ESL and life skills geared towards actual classroom examples that include topics such as interviewing, safety, task performance (housekeeping, assembling), and social skills.</p>
<p>ERIC Personal Library Software Document Reproduction Service 7420 Fullerton Road, Suite 110 Springfield, VA 22153 (800) 443-ERIC</p>	<p><i>Successful Life Skills Curriculum: Single Parents and Home makers: A Facilitator's Guide</i></p>	<p>\$1.34 MD, \$95.28 PC (584 pages). By Carol Molek and Barbara Woodruff. A guide intended to aid service providers as they provide support services to single parents and displaces homemakers to help them achieve the goal of economic self-sufficiency. The handbook provides learning activities, divided into seven critical life skills areas: self-awareness, communication skills, health and wellness, resource management, parenting, relationships, and personal power.</p>
<p>ERIC Personal Library Software Document Reproduction Service 7420 Fullerton Road, Suite 110 Springfield, VA 22153 (800) 443-ERIC</p>	<p><i>Teaching Basic Skills in Life Skills Contexts: An Inservice Training Module for LVA-CT, English as a Second Language</i></p>	<p>\$1.34 MF, \$7.94 PC (50 pages). By Jill Baldwin and Gloria Kielbaso. A set of instructional materials designed as a training module for volunteer tutors in ESL for adults, with three main objectives: help tutors understand the distinction between basic skills and life skills ESL, develop skills in two teaching techniques useful for integrating the different kinds of skills, and prepare for classroom implementation through lesson planning. Small group exercises encouraged.</p>
<p>ERIC Personal Library Software Document Reproduction Service 7420 Fullerton Road, Suite 110 Springfield, VA 22153 (800) 443-ERIC</p>	<p><i>Working Together: A Sex Equity Training Manual</i></p>	<p>\$1.34 PC, \$39.70 MF (237 pages). By Jill Baldwin and Gloria Kielbaso. Curriculum provides learning activities that combat traditional sex role stereotypes and behaviors.</p>
<p>Ethiopian Community Development Council Seyoum Berhre 1038 S. Highland St. Arlington, VA 22204 (703) 685-0510</p>	<p><i>International Community Services: Pre-Employment Orientation Session</i></p>	<p>FREE. Covers various topics, including American work attitudes and welfare, American cultural values and work, establishing a work history, today's job market, where jobs will be, and other related topics.</p>

<p>Home-Based Working Moms (HBWM) http://www.hbwm.com/opp ort.html</p>	<p><i>HBWM: Helpful Books</i></p> <p><i>HBWM: Helpful Tips</i></p> <p><i>HBWM: Home-Based Opportunities</i></p>	<p>FREE. Lesley Spenser founded HBWM-Home-Based Working Moms in 1995 in the hopes of creating strong support and informational networking among parents who were working at home. She felt an organization like HBWM would be a perfect way to allow parents to share new ideas and ask questions to others who have met similar challenges. Suggested reading includes: "Raise a Family and a Career Under One Roof: A Parent's Guide to Home Business"; "Mompreneurs: A Mother's Practical Step-by-Step Guide to Work-at-Home Success"; and "Starting Your Own Home-Based Business." HBWM also has a Resume Service, ways to avoid scams, and membership information.</p>
<p>Massachusetts Office for Refugees and Immigrants Dorian Fliegel Cambridge, MA</p>	<p><i>Competence-Based Job Development</i></p>	<p>FREE. Job development can be a daunting task. Add in the complications of working with refugee and immigrant clients in a competitive economy and the task can seem overwhelming. This is a comprehensive approach to job development that can add to your professional skills and help you to place your clients.</p>

Section II: Parenting

Outline

A. Parenting Adolescents

A. Parenting Adolescents

Lutheran Immigration and Refugee Service New York, NY.	<i>Working with Refugee and Immigrant Children: Issues of Culture, Law, and Development</i>	New York, NY: Lutheran Immigration and Refugee Service, 1998
Palanca, Peter M., M.A. C.A.C. Deeffield, IL.	<i>What Do Adolescents Need?</i>	
Popkin, Michael H., Ph.D.	<i>Active Parenting of Teens</i>	Atlanta, Georgia: Active Parenting, Inc. 1990.
Virginia Coalition for Child Abuse Prevention Month, Richmond, VA.	<i>What to Expect From Your Teen</i>	

Section III: Child Care

Outline

- A. General Information
- B. Standards & Regulations

A. General Information

Herman, Doris	<i>Preschool Primer for Parents: A Question and Answer Guide to Your Child's First School Experience</i>	
Muscari, Ann and Wenda Wardell Morrone	<i>Child Care That Works: How Families Can Share Their Lives with Child Care and Thrive</i>	

B. Standards & Regulations

Berezin, Judith	<i>The Complete Guide to Choosing Child Care</i>	New York: Random House, 1990
Co-ordinated Access for Child Care (Canada) http://www.cafcc.on.ca/gst art.htm	Choosing Quality Child Care	
Texas Department of Protective and Regulatory Services	"Day-care Center Minimum Standards and Guidelines"	

Section IV: Health & Wellness

Outline

- A. General Information
- B. Access to Care Issues
- C. Mental Health Issues & Substance Abuse
- D. Cultural Issues
- E. Navigating the U.S. Health Care System
- F. Linguistic Issues & Barriers
- G. Sexual & Reproductive Health & Family Planning Issues
- H. Pre-, Peri-, & Post-Natal Care & Pediatric Care
- I. Issues Concerning Children
- J. Diabetes
- K. Immunizations & Medications
- L. Nutrition, Physical Exercise, & Hygiene
- M. For Health Providers
- N. Educational Materials & Resources

A. General Information

American Academy of Family Physicians	<i>Summary of Policy Recommendations for Periodic Health Examination</i>	Kansas City, MO: American Academy of Family Physicians; 1997.
American College of Obstetricians and Gynecologists	<i>Guidelines for Women's Health Care</i>	Washington, DC: American College of Obstetricians and Gynecologists; 1996.
American College of Physicians Common Screening Tests	"Guidelines"	Edited by D. M. Eddy. Philadelphia, Pa: American College of Physicians, 1991.
American Dental Association Department of Salable Material 211 E Chicago Ave Chicago, IL 60611 (800) 947-4746	<i>Diet and Dental Health</i>	
American Dental Association Department of Salable Material 211 E Chicago Ave Chicago, IL 60611 (800) 947-4746	<i>Oral Health Care Guidelines for Special Patients</i>	11 different guideline booklets

<p>American Dental Association Department of Salable Material 211 E Chicago Ave Chicago, IL 60611 (800) 947-4746</p>	<p><i>Smoking Can Really Do a Number on Your Health</i></p>	
<p>American Dental Association Department of Salable Materials 211 E Chicago Ave Chicago, IL 60611 (800) 947-4746</p>	<p><i>Dental Emergency Procedures</i></p>	
<p>American Dental Association Department of Salable Materials 211 E Chicago Ave Chicago, IL 60611 (800) 947-4746</p>	<p><i>Seal Out Decay; Smokeless Tobacco: Think Before You Chew</i></p>	
<p>American Red Cross</p>	<p><i>Giving and Receiving Blood</i></p>	<p>Series #329, 546.</p>
<p>Boston Women's Health Book Collective</p>	<p><i>Our Bodies, Ourselves for the New Century</i></p>	<p>1998. By and for women, this book is an enormous resource for women's health needs, concerns and questions. The book places emphasis on what women can do for themselves and for each other to stay healthy, heal themselves, and work for change.</p>
<p>Commission on Women's Health</p>	<p><i>Selected Facts on U.S. Women's Health</i></p>	<p>March 1997. This is a chart book that includes the following types of information: 1/ Gender differences in the leading cause of death, i.e., heart disease; 2/ age differences in major health problems; 3/ racial differences in leading health problems; 4/ chronic physical and mental conditions; 5/ violence against women; 6/ risky personal health behaviors; 7/ utilization of clinical preventive services; 8/ How women feel about their doctors; and 9/ health care coverage.</p>

<p>Commonwealth Fund Commission on Women's Health</p>	<p><i>Prevention and Women's Health: A Shared Responsibility</i></p>	<p>September 1996. This Policy Report reviews the major health risks that women face over their lifetimes, the prevention opportunities that are available to reduce those risks, and the major barriers that impede women from taking advantage of these opportunities. The Report identifies policies and programs that have proven successful in promoting prevention, and suggests that prevention needs to be viewed as a shared responsibility; one that requires commitments and self-help on the part of women, but also the support of families, health professionals, policy makers, and employers.</p>
<p>Commonwealth Fund Johns Hopkins University</p>	<p><i>Case Studies of Women's Health Centers: Innovations and Issues in Women-Centered Care</i></p>	<p>March 1997. The case studies identify some commonalities across various centers in their women-centered missions, support for women providers, and strong leadership. The outcome of this study is in the form of policy recommendations for the preferred model of health care.</p>
<p>Commonwealth Fund Survey of Women's Health</p>	<p><i>Survey of Women's Health</i></p>	<p>July 1993. This survey was conducted with more than 2,500 women and 1,000 men nationwide between February and March 1993. The results of this survey lay the groundwork of the Commonwealth Fund's established Commission on Women's Health. This survey represents the first comprehensive national health survey of American women, which ultimately found them at significantly higher risks in terms of lack of medical care, underuse of preventive services, depression, abuse and poor physician communication.</p>
<p>Commonwealth Fund Commission on Women's Health</p>	<p><i>In Their Own Words: Adolescent Girls Discuss Health and Health Care Issues</i></p>	<p>This report examines a series of focus groups of adolescent girls ages 10 to 19. The discussion explores what adolescent girls are facing and how they are coping with health care issues. The groups uncovered serious shortcomings and misunderstandings in what girls know and understand about their own health and about women's health and health care.</p>

<p>Commonwealth Fund Commission on Women's Health</p>	<p><i>The Health of College Women: A Rationale for Preventive Health Interventions</i></p>	<p>December 1995. This paper addresses the importance of health issues of younger women and adolescent girls. The behavior of girls and young women, who are still developing physically and emotionally, can determine the quality of the health they will experience as adults and older women.</p>
<p>Commonwealth Fund Commission on Women's Health UCLA Center for Health Policy Research</p>	<p><i>Women's Health- Related Behaviors and Use of Clinical Preventive Services</i></p>	<p>October 1995. This report adds significantly to an understanding of knowledge about two major problems in women's health: women who are not taking preventive measures to protect themselves against serious illness, and women who are not getting screened for detectable, treatable disease. In both instances the numbers of women at risk are large and unacceptable.</p>
<p>Commonwealth Fund Program on Women's Health</p>	<p><i>Program on Women's Health</i></p>	<p>November 1996. This booklet provides a summary of the program on women's health at the Commonwealth Fund. The booklet is a good resource for a general overview of the working completed through the Commonwealth Fund, as well as work in progress. A publications listing, general fund publications, and directors and staff are also listed.</p>
<p>Frymoyer J. W. <i>Bailliere's Clin Rheumatol</i></p>	<p>"Can Low Back Pain Disability be Prevented?"</p>	<p>1992. Vol. 6, pp. 595-606.</p>
<p>Frymoyer J. W. <i>Engl J Med</i></p>	<p>"Back Pain and Sciatica"</p>	<p>1988. Vol. 318, pp. 291-300.</p>
<p>Jacobs Institute of Women's Health</p>	<p><i>The National Survey of Women's Health Centers: Current Models of Women- Centered Care</i></p>	<p><i>WHI</i>. Vol. 5, No. 3. Fall 1995. This article presents results from the first national survey of women's health centers in the United States. The article acknowledges that although there is growing interest in women's health and recognition of the need for new models of care delivery for women, relatively little is known about the women's health centers currently operating.</p>

<p>Liebenson C. S. <i>J Manipulative Physiol Ther</i></p>	<p>"Pathogenesis of Chronic Back Pain"</p>	<p>1992. Vol. 15, pp. 299-308.</p>
<p>McElligott J, Miscovich S. J., Fielding L. P. <i>Conn. Med.</i></p>	<p>"Low Back Injury in Industry: The Value of a Recovery Program"</p>	<p>1989. Vol. 53, pp. 711-715.</p>
<p>Nachemson A. L. <i>Bull Hosp. Joint Dis. Orthop. Inst.</i></p>	<p>"Prevention of Chronic Back Pain: The Orthopedic Challenge for the 80's."</p>	<p>1984. Vol. 44, pp. 1-15.</p>
<p>Schwartz M. K. <i>Clin Chem.</i></p>	<p>"The Role of the Laboratory in the Prevention and Detection of Chronic Disease"</p>	<p>1992. Vol. 38, pp. 1539-1546.</p>
<p>Shephard, Bruce D., M.D. and Carroll A. Shephard, R.N.</p>	<p><i>The Complete Guide to Women's Health</i></p>	<p>3rd Edition. Plume Book. \$21.95. The most comprehensive, up-to-date resource available for making vital health decisions. This book is for all women who wish to participate more actively and more knowledgeably in their own health care. The emergence of women's health in the 1990s has made health information ever more accessible. But a second megatrend—the rise of managed health care—has made it even more critical for women to be able to use that information widely. Contains chapters on health strategies, birth control, planning pregnancy, pregnancy and childbirth, sexual issues, diseases of the female reproductive system, a healthy lifestyle, and what your symptoms mean.</p>
<p>U.S. and Human Services.</p>	<p><i>Clinicians Handbook of Preventive Services</i></p>	<p>1994.</p>
<p>U.S. Preventive Services Task Force</p>	<p><i>Guide to Clinical Preventive Services</i></p>	<p>2nd edition. 1995.</p>

<p>United Nations High Commission on Refugees General Legal Advice Section (HQPR02) Case Postale 2500 CH-1211 Geneva 2 Depot Switzerland</p>	<p><i>The World's Women: Trends and Statistics</i></p>	<p>\$15.95. In addition to being an official document for the Fourth World Conference on Women, this edition is an independent UN publication. Its six chapters cover and update areas previously analyzed on education, population, and public life. It also expands the sections on health, childbearing and work, as well as media, violence against women, poverty, the environment, and refugees and displaced persons.</p>
<p>World Health Organization.</p>	<p><i>International Classification of Diseases</i></p>	<p>10th revision. Geneva: World Health Organization, 1992.</p>

B. Access to Care Issues

<p>Adams, Diane L., M.D.</p>	<p><i>Health Issues for Women of Color: A Cultural Diversity Perspective</i></p>	<p>London: Sage Publications, 1995. Focusing on African-American, Hispanic/Latina, Asian/Pacific Islander, Middle Eastern, and American Indian/Alaskan Native women, <i>Health Issues for Women of Color</i> presents a multi-disciplinary and multi-factual approach to the major health concerns of today's women of color. The chapters address topics such as domestic violence, anxiety, drug abuse, mental health, sexism, and racism, as well as the unique problems of the growing population of women of color who are homeless. This valuable resource not only demonstrates how much needs to be done to bring parity to health care for women of color, but also provides eliminating barriers to access to health care. Students, health care professionals, researchers, and policy makers who desire to see equity in health care access and delivery will find the book an important addition to their libraries.</p>
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<p>American Journal of Public Health</p>	<p>"Faithful Patients: The Effect of Long-Term Physician-Patient Relationships on the Costs and Use of Health Care by Older Americans"</p>	<p>Vol. 86, No. 12. December 1996. This article explores the impact of duration of physician-patient ties on the processes and costs of medical care. The study uses a nationally representative sample of Americans 65 old or older who participated in Medicare Current Beneficiary Survey in 1991.</p>
<p>Commonwealth Fund</p>	<p><i>Briefing Note: Medicaid: The Health Care Safety Net for the Nation's Poor</i></p>	<p>June 1996. This article includes testimony presented by Karen Davis before the Committee on Finance and The United States Senate during the hearing on Welfare and Medicaid Reform. The testimony addresses the importance of Medicaid benefits and the implications for low-income women and children in terms of welfare and medicaid reform.</p>
<p>Commonwealth Fund</p>	<p><i>Improving the Delivery of Clinical Preventive Services to Women in Managed Care Organizations: A Case Study</i></p>	<p>January 1997. This study attempts to provide useful, practical information to managed care plans on the types of preventive programs available for women and the potential contributions to their health, and to share experiences and knowledge in the design and implementation of prevention programs in six managed care plans located across the United States and one medical group practice.</p>
<p>Commonwealth Fund</p>	<p><i>Medicaid's Role in Insuring Low-Income</i></p>	<p>May 1996. This study describes the role that Medicaid currently plays in insuring low-income women. Due to the eligibility for Aid to Families with Dependent Children (AFDC) automatically qualifies welfare recipients for Medicaid, the health insurance of low-income women will be affected by modifications to either AFDC or Medicaid.</p>
<p>Commonwealth Fund</p>	<p><i>Minority Americans Do Not Have Equal Health Opportunities. A Briefing Note from the Commonwealth.</i></p>	<p>This report details the results of a national survey that clearly show that Minority Americans do not enjoy equal health opportunities. This survey addresses the serious health problems and overall shorter life span and higher rates of infant mortality that Minority Americans face compared with white Americans.</p>

<p>Commonwealth Fund Commission on Women's Health</p>	<p><i>Health Care Reform: What is at Stake for Women?</i></p>	<p>July 1994. This report reviews how women currently obtain health insurance, how their coverage affects their access to health care services, the extent to which women are covered for services important to their health, what they currently spend from their personal resources for health care, and the non-financial barriers they face in obtaining needed care.</p>
<p>Commonwealth Fund Commission on Women's Health</p>	<p><i>Health Insurance and Access to Care: Issues for Women</i></p>	<p>January 1995. This paper serves as a background for a policy paper addressing health care reform from the perspective of women's health. The paper describes how women and men differ in the economic and social circumstances, largely related to employment and family, that determine access to insurance and health care at the present time.</p>
<p>Geriatrics</p>	<p>"Older Women's Health: 'Taking the Pulse' Reveals Gender Gap in Medical Care"</p>	<p>May 1995. A roundtable discussion where five panelists assess the status of medical education and the need to include older women in research and drug trials. The paper explores issues of gender bias in health insurance and quality of treatment; ways to improve the use of preventive health services—such as mammography and Pap smears—by older women; as well as the role of office physicians in identifying and helping victims of domestic violence.</p>
<p>Jacobs Institute Women's Health Issues</p>	<p>"Women's Health and Managed Care: Promises and Challenges"</p>	<p>Vol. 6, No. 1. January/February 1996. This article examines women's health and managed care within the context of the rapid growth of managed care in today's health care delivery system and the increasing role of managed care organizations in the health care of women.</p>
<p>Journal for Minority Medical Students</p>	<p>"Education"</p>	<p>Fall 1996. This journal details the opportunities, as well as barriers facing minority medical students in health care delivery and medical training systems.</p>

<p>Refugee Policy Group 1424 16th St. Suite 401 Washington, DC 20036</p>	<p><i>Issues and Options for Refugee Women in Developing Counties</i></p>	
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C. Mental Health Issues & Substance Abuse

<p>American Psychiatric Association</p>	<p><i>Diagnostic and Statistical Manual of Mental Disorders</i></p>	<p>4th ed. Washington, DC: American Psychiatric Association, 1994.</p>
<p>Center for Applied Linguistics, Refugee Service Center, Health Educational Materials, 1118 22nd St., NW, Washington, DC (202) 429-9292</p>	<p><i>Issues of War Trauma and Working With Refugees: A Compilation of Resources</i></p>	<p>Summer 1995. \$5.00 copying fee. The materials include background information on how trauma and post-traumatic stress disorder affect both children and adults (as well as specific information on the effects on refugees) and such implications for ESL teaching, helping to guide refugee service providers and classroom teachers in their work with refugees from war-torn countries.</p>
<p>Center for Victims of Torture Evelyn Lennon (Mental Health Issues)</p>	<p><i>Proposed Community-Based Intervention for Newly-Arrived Torture and War Traumatized Refugee Community in Minnesota</i></p>	<p>This handout discusses an intervention program for primary and secondary survivors of war trauma and torture in an identified refugee community by discerning and initiating use of appropriate resources from within the refugee community and from the greater Minnesota community.</p>
<p>Commonwealth Fund Commission on Women's Health</p>	<p><i>Women and Mental Health: Issues for Health Reform</i></p>	<p>Depression, a source of considerable morbidity and disability in women, often goes unrecognized and untreated even though it is highly treatable. This paper identifies, explores, and addresses this important issue in women's health. The paper includes discussion of available data on the incidence and prevalence of mental disorder in women, the use women make of mental health services, and the treatment they receive.</p>
<p>Flay B. R. , et al. Chest</p>	<p>"Smoking: Epidemiology, Cessation, and Prevention"</p>	<p>Sept 1992. Vol. 102, pp. 277 (Supplement).</p>

Grant B.F., Harford T. C., Chou P., et al. <i>Alcohol Health Res World</i>	"Prevalence of DSM-III-R Alcohol Abuse and Dependence: United States, 1988"	1991. No. 15, pp. 91-96. Epidemiologic Bulletin no. 27:
Hales, Robert and Stuart Yudofsky, eds.	<i>The American Psychiatric Press Synopsis of Psychiatry</i>	Washington, DC: American Psychiatric Press, 1996
Helzer J. E., Burnam A, McEvoy L. T.	Alcohol Abuse and Dependence	
Institute of Medicine, Division of Mental Health and Behavioral Medicine	<i>Broadening the Base of Treatment for Alcohol Problems: Report of a Study by a Committee of the Institute of Medicine</i>	Washington, DC: National Academy Press, 1990.
Kessler RC, McGonagle KA, Zhao S, et al. <i>Arch Gen Psychiatry</i> .	"Lifetime and 12- Month Prevalence of DSM-III-R Psychiatric Disorders in the United States: Results from the National Comorbidity Survey"	1994. Vol. 51, pp. 8-19
Lebowitz, Leslie, Mary Harvey and Judith Lewis Herman <i>Journal of Interpersonal Violence</i>	<i>A Stage-by- Dimension Model of Recovery From Sexual Trauma</i>	Vol. 8, No. 3. September 1993. This article offers a conceptual model of recovery from sexual trauma in the context of treatment. The model constitutes some useful ways of thinking about trauma, treatment and recovery.
Lee, Serge, Ph Department of Social Work Education	<i>Hmong Shamanism and Psychotherapy: A Perspective for Mental Health and Social Work Practitioners</i>	Presented at 1998 NIMH. This paper describes one of the traditional health practices—shamanism, as one of the oldest practices that continues to be practiced by Hmong individuals and families in the U.S. and throughout the world. The paper includes recommendations for health, mental health, and social work practitioners in working with Hmong refugees.

<p>Lincoln Medical Education Foundation Behavioral Health Center (Mental Health Issues) (402) 483-4593</p>	<p><i>Stress Physiology and the Response to Refugee Adaptation and Trauma</i></p>	<p>This handout discusses the 'Stress Diathesis Model' and its impact on the mental health of refugees, adaptation/acclulturation and the recovery from trauma. This paper identifies what direct line staff can look for, how symptoms may present themselves, co-occurring disorders, the impact of culture, emotion and somatization, coping and resiliency and when to refer.</p>
<p>National Cancer Institute 1-800-4-CANCER</p>	<p><i>How to Help Your Patients Stop Smoking</i></p>	<p>1990. FREE.</p>
<p>National Institute on Drug Abuse</p>	<p><i>Epidemiologic Trends in Drug Abuse</i></p>	<p>Vol. I-II. Rockville, MD: National Institute on Drug Abuse, National Institutes of Health, 1994. (NIH Publication Nos. 94-3745, 3746.)</p>
<p>National Institute on Drug Abuse</p>	<p><i>The National High School Senior Drug Abuse Survey. NIDA Capsules</i></p>	<p>Rockville, MD: National Institute on Drug Abuse, 1994.</p>
<p>Roth, Susan and Leslie Lebowitz <i>Journal of Traumatic Stress</i></p>	<p><i>The Experience of Sexual Trauma</i></p>	<p>Vol. 1, No. 1. June 29, 1988. This article describes women's experience of sexual trauma and its aftermath as it relates to difficulties in coping with the trauma. A sample of survivors were interviewed in an unstructured format and encouraged to present their story of what had happened and what it had meant to them.</p>
<p>Substance Abuse and Mental Health Administration</p>	<p><i>National Household Survey on Drug Abuse: Population Estimates, 1993</i></p>	<p>Rockville, MD: U.S. Department of Health and Human Services, Substance Abuse and Mental Health Administration, 1994. Publication No. (SMA) 94-3017.</p>
<p>Substance Abuse and Mental Health Services Administration</p>	<p><i>Preliminary Estimates from the 1992 National Household Survey on Drug Abuse</i></p>	<p>Advance Report no. 3. Rockville, MD: U.S. Department of Health and Human Services, Substance Abuse and Mental Health Services Administration, 1993.</p>
<p>U.S. Dept of Health and Human Services</p>	<p><i>Reducing the Health Consequences of Smoking. A Report of the Surgeon General</i></p>	<p>1989.</p>

D. Cultural Issues

<p>Center for Applied Linguistics Refugee Service Center Health Education Materials 1118 22nd Street, NW Washington, DC 20037 (202) 429-9292</p>	<p><i>A Guide to Resettlement in the United States</i></p>	<p>FREE. Translated into Somali, Arabic, and Amharic. This booklet provides refugees being resettled in the United States with general information about what they will encounter and the services they will need during their first months in the country. It aims to help these US bound refugees develop realistic expectations about employment, education, health, and other aspects of life in the U.S.</p>
<p>Center for Cross-Cultural Health, Patricia Ohmans 410 Church St., SE Minneapolis, MN 55455 (612) 624-4668</p>	<p><i>Six Steps Towards Cultural Competence: How to Meet the Needs of Immigrants and Refugees</i></p>	<p>FREE. This is a Minnesota-based clearinghouse of information, training, and research on the relationship between culture and health from the perspective of health care providers. The six steps include: involving immigrants in their own health care, learning more about culture (starting with our own), speaking the language or using a trained interpreter, asking the right questions and looking for answers, paying attention to financial issues, and finding resources and forming partnerships.</p>
<p>Cross-Cultural Health Care Program Pacific Medical Care Center Beacon Hill 1200 12th Ave South, 5th Floor Seattle, WA 98144 (206) 326-4161</p>	<p><i>Individual Community Profiles</i></p>	<p>\$1.00 each (6 pages). Individual descriptions of the culture and beliefs of a variety of communities (Arab, Somali and Ethiopian) written by community members.</p>
<p>EthnoMed Harborview Medical Center University of Washington Community House Calls Program Dept. of Pediatrics 325 9th Ave. Seattle, WA 98104-9959 (206) 521-1916 http://www.hslib.washington.edu/clinical/ethnomed</p>	<p><i>Clinical Pearls in Cross-Cultural Medicine</i></p>	<p>A description of ethnic groups included in EthnoMed: Ethiopian, Eritrean, Somali (East Africa).</p>

<p>Kavanagh, Kathryn Hopkins and Patricia Kennedy</p>	<p><i>Promoting Cultural Diversity: Strategies For Health Care Professionals</i></p>	<p>London: Sage Publications 1992. While we abhor bias, bigotry and prejudice such perspectives can and do influence our work. As today's health care professionals practice in settings composed of ethnically, socially and economically disparate populations, they often encounter such attitudes in themselves and others. The book is an essential resource that offers techniques for understanding and appreciating differences in others. Kavanagh and Kennedy analyze the issues surrounding cultural, gender, ideological and experiential diversity focusing on effective communication skills and intervention strategies. They also offer a repertoire of experiential strategies and aids for learning about diversity, and present a variety of scenarios, collages, and extensive case studies to illustrate and encourage the analysis of real life situations.</p>
<p>Maloof., Dr. Patricia The Catholic University of America <i>Anthropology Studies</i></p>	<p><i>Medical Beliefs and Practices of Palestinian-Americans</i></p>	<p>No. 45. This is a dissertation submitted to Catholic University of America. The purpose of the study is to explore the pattern of medical beliefs and practices of Arab Palestinian-Americans. Consideration is given to the retention of traditional preventive and curative beliefs and practices and their integration with professional health services in the Washington, D.C. metropolitan area.</p>
<p>Nichols, Jane</p>	<p><i>Iraqi Refugee Cultural and Psychological Adoption Issues: Transition Strategies</i></p>	<p>FREE. This paper is a preliminary investigation exploring some of the cultural and psychological adjustment issues of the Gulf War refugee population. Life transitions particularly when induced by war or traumatic life events often create significant emotional challenges. It is suggested by various agencies that the Iraqi refugee population is particularly challenged in adapting to life in the U.S.</p>

<p>Resources for Cross-Cultural Health Care Julia Puebla Fortier 8915 Sudbury Road Silver Spring, MD 20901-3832, (301) 588-6051</p>	<p><i>Cross Currents Newsletter</i></p>	<p>FREE. RCCHC is a national network of individuals and organizations working to improve access to health care services for linguistically and culturally diverse populations.</p>
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E. Navigating the U.S. Health Care System

<p>Chicago Institute on Urban Poverty Heartland Alliance for Human Needs and Human Rights 208 South LaSalle Street Suite 818 Chicago, IL 60604 (312) 629-4500 x4178</p>	<p><i>Impact of Medicaid Managed Care on Immigrants and Refugees: A Best Practices Review With Policy Recommendations</i></p>	<p>FREE. The Chicago Institute on Urban Poverty undertook a qualitative study and policy analysis to look at Medicaid managed care and its impact of refugee and immigrant communities. Answers were sought from a study of Medicaid managed care transitions in four states, with the intention of drawing out 'best practices:' those state policies, managed care program features and advocacy strategies which have worked well in addressing the needs of this population. The needs of newcomers represent broader issues relevant to the development of language and cultural competence within health care and in managed care organizations in particular.</p>
<p>Jewish Federation of Chicago Wina Glenn Ben Gurion Way 1S. Franklin St. Chicago, IL 60606 (312) 357-4765</p>	<p><i>Health the American Way</i></p>	<p>FREE. Working in collaboration with the Mount Sinai Hospital Medical Center of Chicago and NYANA, JFC has created a publication for Jews from the Soviet Union, applicable to the general health care needs of refugees. Specific topics include Diabetes Mellitus, breast cancer, and birth control. Handbook is in both English and Russian.</p>

<p>Newcomers to America Lisa Baldasar Pacific Standard Television Products and Custom Production P.O. Box 339 Portland, OR 97207-0339 (503) 224-9821</p>	<p><i>Using Health Care Services</i></p>	<p>Video. \$52.00 plus \$5.00 shipping (17 min). Many refugees are understandably wary, fearful, and confused about some Western medical practices and are reluctant to seek needed treatment. This program aims to reduce this anxiety by exploring some of the features and common practices of American medicine from the availability of free or low-cost health care, how to find a doctor, how to make an appointment, what to expect during a physical exam, how to use prescription medications safely, the safety of American surgery and mental health treatment, the difference between clinics, hospitals, private doctor's offices, and emergency clinics.</p>
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F. Linguistic Issues & Barriers

<p>Center for Applied Linguistics Refugee Service Center Health Educational Materials 1118 22nd Street, NW Washington, DC 20037 (202) 429-9292</p>	<p><i>Multilingual Health Education Resource Guide</i></p>	<p>1995. FREE. The Multilingual Health Education Resource Guide (MHER) provides listings of health education available in Arabic and Somali. The materials address the areas of TB, Hepatitis B, parasites, dental care, immunization, breast health, and prenatal care. Each item listed is described with respect to content, length, language, and the source/year of its development. The information and listing serve as a point of reference for health care providers and agencies that work with limited-English speaking patients, primarily refugees. (We have short educational information in Arabic, Somali and Tigray, requested from the above guide, on various medical concerns).</p>
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<p>Center for Human and Molecular Genetics Genetic Service Outreach Programs 90 Bergen Street Suite 5400 Newark, NJ 07103-2499 (201) 982-3300</p>	<p><i>Catalog of Multilingual Patient Education Materials on Genetic and Related Maternal/Child Health Topics</i></p>	<p>FREE. This catalog is intended for use by health professionals working in a variety of settings, particularly in the areas of genetics, family planning, prenatal and pediatric services, and the service providers of non-English speaking people. Although the materials listed are primarily for patients (clients), the catalog will hopefully assist in "educating the educators" who are the professionals responsible for health education and service delivery. Selective materials can be found in Arabic.</p>
<p>Cross-Cultural Health Care Program Pacific Medical Care Center Beacon Hill 1200 12th Avenue South 5th Floor Seattle, WA 98144, (206) 326-4161</p>	<p><i>An Interpreter's Guide to Common Medications</i></p>	<p>\$10.00. Answers the most basic questions about how medications work, how they are administered and what they do. This is meant to be basic and easily understandable.</p>
<p>Cross-Cultural Health Care Program Pacific Medical Care Center Beacon Hill 1200 12th Avenue South 5th Floor Seattle, WA 98144 (206) 326-4161</p>	<p><i>Bridging the Gap</i></p>	<p>\$50.00. A basic training handbook for medical interpreters.</p>
<p>Ethnomed Harborview Medical Center University of Washington Community House Calls Program Dept. of Pediatrics 325 9th Avenue Seattle, WA 98104-9959 (206) 521-1916 http://www.hslib.washington.edu/clinical/ethnomed/intprpt.html</p>	<p><i>Guidelines for Interpreted Visits</i></p>	<p>Six guidelines for medical professionals: introduce yourself to the family and to the interpreter, write down the interpreter's name and the interview language on the progress note, do a pre-visit conference with the interpreter, direct questions to the patient not to the interpreter unless they are meant for the interpreter, do a post-visit conference with the interpreter outside the room if you have concerns about the interview, and gender and age of the interpreter may be very important.</p>

New York Times	"Language Barriers are Hindering Health Care"	November 23, 1997, An article outlining barriers to providing linguistically appropriate health care in New York City hospitals. This article describes some of the needs associated with medical interpreters and providing health care services to patients speaking a language other than the service provider's.
Women Boston Area Health Education Center Boston City Hospital Roberta Washington 818 Harrison Ave. Boston, MA 02118 (617) 534-5258	<i>The Bilingual Medical Interview</i>	Video \$50.00. Training video for health professionals created by doctors at the Boston City Hospital addressing the problem of communication in the health care setting for the non-English speaking patient and physician.

G. Sexual & Reproductive Health & Family Planning Issues

Alan Guttmacher Institute	<i>Sex and America's Teenagers</i>	New York: Alan Guttmacher Institute, 1994.
American Academy of Family Physicians 8880 Ward Pkwy. Kansas City, MO 64114-2797 (800) 944-0000 http://www.aafp.org	<i>Birth Control: Choosing the Method That's Right for You</i>	.
American Cancer Society Donald George Fox 2265 Como Ave. Suite 10 St. Paul, MN 55108-1700 (612) 925-6330 x1094	<i>How to Examine Your Breasts</i>	FREE. The Minnesota-based chapter of the ACA and Dr. Zahra Niccu Tafarodi (assisted by Dr. Edis Sahar from the University of MN) are currently at work on a program for Persian-speaking women to aid in their awareness of breast cancer. Project is in its beginning stages. Pamphlet is easy to understand and translated into Arabic.
American College of Obstetricians and Gynecologists 409 12th St SW Washington, DC 20024 (800) 762-2264 http://www.acog.com	<i>Barrier Methods of Contraception</i>	

<p>American College of Obstetricians and Gynecologists 409 12th St SW Washington, DC 20024 (800) 762-2264 http://www.acog.com</p>	<p><i>Contraception</i></p>	<p>In English and Spanish.</p>
<p>American College of Obstetricians and Gynecologists 409 12th St SW Washington, DC 20024 (800) 762-2264 http://www.acog.com</p>	<p><i>Family Planning by Periodic Abstinence</i></p>	
<p>American College of Obstetricians and Gynecologists 409 12th St SW Washington, DC 20024 (800) 762-2264 http://www.acog.com</p>	<p><i>Oral Contraceptives</i></p>	
<p>American College of Obstetricians and Gynecologists 409 12th St SW Washington, DC 20024 (800) 762-2264 http://www.acog.com</p>	<p><i>Postpartum Sterilization</i></p>	
<p>American College of Obstetricians and Gynecologists 409 12th St SW Washington, DC 20024 (800) 762-2264 http://www.acog.com</p>	<p><i>Sterilization by Laparoscopy</i></p>	
<p>American College of Obstetricians and Gynecologists 409 12th St SW Washington, DC 20024 (800) 762-2264 http://www.acog.com</p>	<p><i>Sterilization for Women and Men</i></p>	
<p>American College of Obstetricians and Gynecologists 409 12th St SW Washington, DC 20024 (800) 762-2264 http://www.acog.com</p>	<p><i>The Intrauterine Device</i></p>	

<p>American College of Obstetricians and Gynecologists 409 12th St, SW Washington, DC 20024 (800) 762-2264 http://www.acog.com</p>	<p><i>HIV Infection and Women</i></p>	<p>ACOG Patient Education Pamphlet AP082.</p>
<p>American College of Obstetricians and Gynecologists 409 12th St, SW Washington, DC 20024 (800) 762-2264 http://www.acog.com</p>	<p><i>How to Prevent Sexually Transmitted Diseases, Genital Herpes, Gonorrhea and Chlamydia, Pelvic Inflammatory Disease.</i></p>	
<p>American College of Physicians <i>Ann Intern Med.</i></p>	<p>"Acquired Immunodeficiency Syndrome"</p>	<p>1986. Vol. 104, pp. 575-581.</p>
<p>American Medical Association <i>JAMA</i></p>	<p>"Prevention and Control of Acquired Immunodeficiency Syndrome: An Interim Report"</p>	<p>1987. Vol. 258, pp. 2097-2103.</p>
<p>American Red Cross</p>	<p><i>HIV Infections and AIDS</i></p>	<p>Series #329, 560.</p>
<p>American Red Cross</p>	<p><i>Testing for HIV Infection</i></p>	<p>Series #329, 547.</p>
<p>American Red Cross</p>	<p><i>Women, Sex, and HIV</i></p>	<p>Series #329, 537.</p>
<p>Brown, S. S., Eisenberg, L., eds. Committee on Unintended Pregnancy Institute of Medicine</p>	<p><i>The Best Intentions: Unintended Pregnancy and the Well-Being of Children and Families</i></p>	<p>Washington DC: National Academy Press, 1995.</p>
<p>Canadian Task Force on the Periodic Health Examination <i>The Canadian Guide to Clinical Preventive Health Care</i></p>	<p>"Prevention of Gonorrhea"</p>	<p>Ottawa, Canada: Minister of Supply and Services; 1994, chap 59.</p>
<p>CDC National AIDS Information Hot Line</p>	<p><i>Condoms and Sexually Transmitted Diseases... Especially AIDS</i></p>	<p>(800) 342-AIDS (English speaking) (800) 344-SIDA (Spanish speaking) (800) AIDS-TTY (hearing impaired) All phone calls are confidential.</p>

<p>CDC National AIDS Information Hot Line</p>	<p><i>Surgeon General's Report to the American Public on HIV Infection and AIDS</i></p>	<p>(800) 342-AIDS (English speaking) (800) 344-SIDA (Spanish speaking) (800) AIDS-TTY (hearing impaired) All phone calls are confidential.</p>
<p>Center for Multi-cultural Human Services Washington AIDS Partnership & Northern Virginia Planning District Commission 701 W. Broad Street Suite 305 Falls Church, VA 22046</p>	<p><i>HIV/AIDS Cross-Reference Directory</i></p>	<p>March 1997. FREE. CMHS is a non-profit organization that has been serving new Americans in Fairfax County, VA. by providing mental health and social services to the international community. It is staffed by social workers, psychologists, family therapists, substance abuse counselors, education specialists and art therapists, providing services in both Arab and Amharic. The Directory has been designed to assist the reader in obtaining information on specific HIV/AIDS educational topics. The material has been received from the U.S. Health and Human Services Centers for Disease Control and Prevention, National AIDS Clearinghouse, Food and Nutrition Information Center, National and International Health Departments from around the world, various National Health Clearinghouses, Pan American Health Organization, various embassies, and other community health centers.</p>
<p>Centers for Disease Control and Prevention MMWR</p>	<p>"Youth Risk Behavior Surveillance, United States, 1993"</p>	<p>1995. Vol. 44, SS-1, pp. 1-56.</p>

<p>Centers for Disease Control National AIDS Clearinghouse U.S. Department of Health and Human Services P.O. Box 6003 Rockville, MD 20849-6003</p>	<p><i>Catalog of HIV and AIDS Education and Prevention Materials</i></p>	<p>FREE. Prevention of HIV infection is a challenge shared by all Americans. It involves improving Americans' knowledge of the behaviors that increase the risk of infection and motivating people to avoid or change unsafe behaviors. Effective prevention also includes use of epidemiological, surveillance and social and behavioral science research to learn about the disease, how people respond to it, and how to combat it. The CDC has created a multi-pharse public educational campaign and an organized information delivery system consisting of the CDC national AIDS Hotline and the CDC National AIDS Clearinghouse. Staff from these two programs respond to questions from the public and professionals on all aspects of HIV infection, from prevention and research to health care and support services. The HOTLINE is toll free (800) 342-AIDS.</p>
<p>Columbia School of Public Health Center for Population and Family Health Therese McGinn 60 Haven Ave. New York, NY 10032 (212) 304-5224</p>	<p><i>Setting Priorities in International Reproductive Health Programs: A Practical Framework</i></p>	<p>FREE. This booklet helps policy makers and planners choose among many options available as they expand their reproductive health programs for women. Issues include unwanted pregnancy, maternal mortality, reproductive diseases and cancers, HIV/AIDS, FC/FGM, sexual and gender-based violence, and infertility. The CPFH involve teaching, applied research, and service delivery to improve reproductive health both in the United States and the developing world.</p>
<p>Commonwealth Fund</p>	<p><i>Briefing Paper: Routine Mammography Screening for Women Ages 40-49 and Considerations Regarding Breast Cancer Screening in Women Under 50</i></p>	<p>March 1994. These materials provide some points that need emphasis in the wake of the NCI decision including 1/ the continuing importance of clinical breast examination and self-examination for women 40-48; 2/ the continuing importance of screening mammograms for women over 50; 3/ the need for research focused on the biology of breast cancer in younger women; and 4/ the need for further research on the efficacy of mammography for African-American women under 50.</p>

<p>Ethiopian Community Development Council (ECDC) Seyoum Berhre 1038 S. Highland Arlington, VA 22204 (703) 685-0510</p>	<p><i>ECDC AIDS Awareness and Prevention Education Program</i></p>	<p>FREE. A quick fact sheet on HIV/AIDS. Translated into Tigray.</p>
<p>Family Health International</p>	<p><i>Women's Lives and Family Planning : An International Perspective</i></p>	<p>Folder of information put together by the AIDSCAP Division of Family Health International. The information includes statements about this organization, as well as fact sheets on family planning issues affecting women all over the world. (Bolivia, Philippines, Egypt, Indonesia, Zimbabwe, Brazil, Korea, Mali, Jamaica, Bangladesh)</p>
<p>FDA Office of Consumer Affairs HFE 88 Room 1675 5600 Fishers Ln. Rockville, MD 20857 (800) 532-4440</p>	<p><i>Choosing a Contraceptive</i></p>	
<p>FDA Office of Consumer Affairs HFE 88 Room 1675 5600 Fishers Ln. Rockville, MD 20857 (800) 532-4440</p>	<p><i>Drugs and Pregnancy: Often the Two Don't Mix</i></p>	
<p>Forrest JD, and S. Singh <i>Fam. Plann. Perspect</i></p>	<p>"The Sexual and Reproductive Behavior of American Women, 1982-1988"</p>	<p>1990, Vol. 22, pp. 206-214.</p>
<p>Forrest, J. D. <i>Am J Obstet Gynecol</i></p>	<p>"Epidemiology of Unintended Pregnancy and Contraceptive Use"</p>	<p>1994; 170 (Suppl. 2) 1485</p>
<p>Institute for Reproductive Health Georgetown University Medical Center</p>	<p><i>Expanding Options, Improving Access: Natural Family Planning and Reproductive Health Awareness</i></p>	<p>This pamphlet details the Institute's assistance to organizations around the world, primarily in developing countries, in translating research into usable tools for communities, programs and policy makers.</p>

<p>Institute for Reproductive Health, Georgetown University Medical Center</p>	<p><i>Natural Family Planning: Expanding Options</i></p>	<p>This pamphlet details the Natural Family Planning (NFP) program and its role in improving reproductive health. The expansion of family planning programs to include other reproductive health services has highlighted the contribution NFP can make to the health of women and their families.</p>
<p>Jacobs Institute of Women's Health Women's Health Issues</p>	<p>"Delivering Breast and Cervical Cancer Screening Services to Underserved Women: Part I. Literature Review and Telephone Survey"</p>	<p>Vol. 6, No. 4. July/August 1996. This study identifies several strategies utilized in breast and cervical cancer screening programs to increase use. This study found that not all strategies work for all women and discuss possible strategies best suited to particular target populations.</p>
<p>Jacobs Institute of Women's Health Women's Health Issues</p>	<p>"Delivering Breast and Cervical Cancer Screening Services to Under-served Women: Part II. Implications for Policy"</p>	<p>Vol. 6, No. 4. July/August 1996. This study reports on intensive on-site interviewing of programs identified during Part I. These case studies provide insights and a platform from which comments on policies can be made when talking about programs that provide BCCS services to under-served women.</p>
<p>National AIDS Information Hotline Centers for Disease Control and Prevention (800) 342-AIDS</p>		
<p>National Association of People Living with AIDS 1413 K St, NW Washington, DC 20005 (202) 898-0435</p>	<p><i>HIV in America: A Profile of the Challenges Facing Americans Living With HIV</i></p>	
<p>National STD Hot Line</p>		<p>(800) 227-8922 English. (809) 765-1010 Spanish (call collect).</p>
<p>Network for the Dissemination of Information 110 Green St. New York, NY 10012 (800) 424-2634.</p>	<p><i>Information on Hemophilia and HIV: Hemophilia and AIDS</i></p>	

NOVA Research Co 4600 East-West Hwy Suite 700 Bethesda, MD 20814 (301) 986-1891	<i>Women, AIDS, and Drug Use Annotated Client Education Directory</i>	
Office of Population Research Princeton University	http://opr.princeton.edu/ec/hotline.html	Emergency Contraception Website
Office of Population Research Princeton University.	Emergency Contraception Hotline	(800) 584-9911
Planned Parenthood 810 7th Ave. New York, NY 10019 (212) 541-7800 http://www.igc.org/ppfa	<i>Facts About Birth Control</i>	
<i>Reproductive Health Matters</i>	"Fundamentalism, Women's Empowerment and Reproductive Rights"	No. 8. November 1996. This issue of the journal focuses on the influence and dangers of many faces of fundamentalism for women and women's rights. This journal places emphasis on the increasing influence of politically motivated fundamentalism internationally.
Ventura S. J., Martin J. A., Taffel S. M., et al. <i>Monthly Vital Statistics Report</i> U.S. Department Of Health And Human Services	"Advance Report of Final Natality Statistics, 1992"	Hyattsville, MD: National Center for Health Statistics, 1994. Vol. 43, No. 5 (suppl). Chapter 61: Unintended Pregnancy.
Ventura S. J.; Taffel SM, Mosher W. D., et al. <i>Monthly Vital Statistics Report</i>	"Trends in Pregnancies and Pregnancy Rates: Estimates for the United, States 1980- 92"	Hyattsville, MD: National Center for Health Statistics, 1995. Vol. 43, No. 11 (suppl).
Wilcox, L. S., Marks, J. S., eds. <i>Data to Action: CDC's Public Health Surveillance for Women, Infants, and Children</i>	"Unintended Pregnancy and Childbearing"	By L. J. Piccinino. Washington, DC: U.S. Department of Health and Human Services, 1994. 73-82.

<p>Women's Studies Project Family Health International</p>	<p><i>Women's Voices, Women's Lives: The Impact of Family Planning</i></p>	<p>This booklet contains a synthesis of findings from the Women's Studies Project. Some articles include research findings from Asia, Latin America, and the Middle East and Africa.</p>
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H. Pre-, Peri-, and Post-Natal Care and Pediatric Care

<p>American Academy of Pediatrics/American College of Obstetrics and Gynecology</p>	<p><i>Guidelines for Perinatal Care</i></p>	<p>3rd edition. Elks Grove, Illinois: American College of Pediatrics., 1992.</p>
<p>American College of Obstetricians and Gynecologists and American Academy of Pediatrics</p>	<p><i>Guidelines for Perinatal Care</i></p>	<p>4th edition. Washington, DC and Elk Grove Village, Ill: American College of Obstetricians and Gynecologists and American Academy of Pediatrics; 1997.</p>
<p>Commonwealth Fund</p>	<p><i>Healthy Steps for Young Children: Helping Children Take Healthy Steps: Abstracts of Selected Articles on Early Childhood Interventions</i></p>	<p>February 1997. This volume of articles contains detailed abstracts of articles that describe and evaluate intervention programs for families with young children. The interventions described represent a wide range of programs designed to promote positive child development.</p>
<p>Commonwealth Fund</p>	<p><i>Innovative Approaches For the Delivery and Financing of Parent Education Programs in Health Care Settings</i></p>	<p>September 1995. This report reviews the 1/ range and scope of parent education services offered in health care settings, 2/ example of innovative parent education initiatives, and 3/ private health insurance and Medicaid options for financing parent education services.</p>
<p>EthnoMed Harborview Medical Center University of Washington Community House Calls Program Dept. of Pediatrics (206) 521-1916 http://www.hslib.washington.edu/clinical/ethnomed</p>	<p><i>Asthma and Preventing Rickets in Breastfed Babies</i></p>	<p>Translated into Amharic and Tigrinya.</p>

<p>International Institute of New Jersey 880 Bergen Ave. Jersey City, NJ 07306 (201) 653-3888</p>		<p>Provide translated materials in Arabic for newly arrived immigrants and refugees on the following topics: perinatal care and warning signs of pre-term labor, preventing birth defects, and how to care for yourself and your baby.</p>
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I. Issues Concerning Children

<p>Cohen, Lucy M. The Commonwealth Fund <i>Illegal Immigration in America: A Reference Handbook</i></p>	<p>"Young Immigrants Views on Caretaking and Family Reunification"</p>	<p>By Lucy M. Cohen/Catholic University. Edited by David Haines and Karen Rosenblum. Greenwood Publishing. This article draws on the author's experience among immigrants and refugees from Latin America in Washington, D.C. The author presents two brief cases on the circumstances of separation and reunification of parents from El Salvador followed by comments regarding the concepts of caretaking and childgiving, from the perspectives of young people.</p>
<p>Commonwealth Fund</p>	<p><i>The Health of Adolescent Boys: Commonwealth Fund Survey Findings</i></p>	<p>June 1998. This booklet contains the results from a survey of boys and girls in grades five through twelve in nearly 300 schools across the country. This report focuses on boys' reports on their experiences, health, and behavior that emphasize abuse, access to care, and emotional support to be key concerns.</p>
<p>Schuyler, Kinza</p>	<p><i>Summary of Response to Caucus Challenge 3: "Refugee Children, their adaptation and their problems, will be handled by some other program"</i></p>	<p>November 11, 1998. Presentation at National ORR Conference. This article addresses the need to pay more attention to refugee children and the process through which refugee children get lost in the system. The author offers viable solutions and methods to work towards comprehensive care and assistance for refugee children.</p>

<p>United Nations Children's Fund</p>	<p><i>The Progress of Nations 1998</i></p>	<p>August 1998. This report is an assessment of every nations' development in achieving the goals set at the 1990 World Summit for Children. This report ranks countries according to the well-being of their children, providing scorecards on how effectively nations are improving the status of their children.</p>
<p>United Nations High Commissioner for Refugees</p>	<p><i>Refugee Children: Guidelines on Protection and Care</i></p>	<p>1994. This book details the policy adopted by UNHCR in October 1993 that explores the special care and assistance that refugee children need. Each chapter takes a subject, such as legal status or psychological well-being and discusses it from the point of view of children's needs and rights. The book contains a quick index that helps field workers find quick guidance on specific problems without having to read entire chapters.</p>
<p>United Nations High Commissioner for Refugees</p>	<p><i>This Guidelines on Policies in dealing with Unaccompanied Children Seeking Asylum</i></p>	<p>February 1997. This booklet details the guiding principles of child care and protection in that effective protection and assistance should be delivered to unaccompanied children in a systematic, comprehensive and integrated manner.</p>

J. Diabetes

<p>American Diabetes Assoc. 1660 Duke St. Alexandria, VA 22314 (800) 232-3472</p>	<p><i>Diagnosis Diabetes</i></p>	
<p>Canadian Task Force on the Periodic Health Examination <i>The Canadian Guide to Clinical Preventive Health Care</i></p>	<p>"Screening for Diabetes Mellitus in the Non-Pregnant Adult"</p>	<p>Ottawa, Canada: Minister of Supply and Services, 1994. Chap. 50.</p>
<p>Engelgau M. M., Aubert R. E., Thompson T. H., Herman W. H. <i>Diabetes Care.</i></p>	<p>"Screening for NIDDM in Nonpregnant Adults"</p>	<p>1995. Vol. 18, pp. 1606-1618.</p>

Eriksson K. F., Lindgarde F. <i>Diabetologia</i>	"Prevention of Type 2 (Noninsulin-Dependent) Diabetes Mellitus by Diet and Physical Exercise"	1991. Vol. 34, pp. 891-898.
Expert Committee on the Diagnosis and Classification of Diabetes Mellitus <i>Diabetes Care</i>	"Report of the Expert Committee on the Diagnosis and Classification of Diabetes Mellitus"	1997. Vol. 20, No. 7, pp. 1183-1197.
Gerken KM, Van Lente E. <i>Arch Pathol. Lab. Med.</i>	"Effectiveness of Screening for Diabetes"	1990. Vol. 114, pp. 201-203.
Harris, M. I., Eastman, R. C. <i>JAMA</i>	"Early Detection of Undiagnosed Non-Insulin-Dependent Diabetes Mellitus"	1996. Vol. 276, pp. 1261-2.
Howard B. V., Abbott W. G. H., Swinburn B.A. <i>Diabetes Care</i>	"Evaluation of Metabolic Effects of Substitution of Complex Carbohydrates for Saturated Fat in Individuals with Obesity and NIDDM"	1991. Vol. 14, pp. 786-795.
Manson J. E., Nathan D. M., Krolewski A. S., Stampfer M. J., Willett W. C., Hennekens C. H. <i>JAMA.</i>	A Prospective Study of Exercise and Incidence of Diabetes Among U.S. Male Physicians	1992. Vol. 268, pp. 63-67.
Manson JE, Rimm E. B., Stampfer MJ, et al. <i>Lancet.</i>	"Physical Activity and Incidence of Non-Insulin-Dependent Diabetes Mellitus in Women"	1991. Vol. 338, pp. 774-778.
Marshall J. A., Hamman R. F., Baxter J. <i>Am J Epidemiol.</i>	"High-fat, Low-Carbohydrate Diet and the Etiology of Noninsulin-Dependent Diabetes Mellitus: The San Luis Valley Diabetes Study"	1991. Vol. 134, pp. 590-603.

National Diabetes Information Clearinghouse 1 Information Way Bethesda, MD 20892-3560 (301) 654-3327	<i>Diabetes Control and Complications Trial</i>	
National Diabetes Information Clearinghouse 1 Information Way Bethesda, MD 20892-3560 (301) 654-3327	<i>Diabetes in African Americans</i>	
National Diabetes Information Clearinghouse 1 Information Way Bethesda, MD 20892-3560 (301) 654-3327	<i>Diabetes in Hispanics</i>	
National Diabetes Information Clearinghouse 1 Information Way Bethesda, MD 20892-3560 (301) 654-3327	<i>Diabetes Overview</i>	
National Diabetes Information Clearinghouse 1 Information Way Bethesda, MD 20892-3560 (301) 654-3327	<i>Diabetes Research and Training Centers</i>	
National Diabetes Information Clearinghouse 1 Information Way Bethesda, MD 20892-3560 (301) 654-3327	<i>Diabetes Statistics</i>	
National Diabetes Information Clearinghouse 1 Information Way Bethesda, MD 20892-3560 (301) 654-3327	<i>Diabetic Neuropathy: The Nerve Damage of Diabetes</i>	
National Diabetes Information Clearinghouse 1 Information Way Bethesda, MD 20892-3560 (301) 654-3327	<i>Directory of Diabetes Resources</i>	Available in Spanish.
National Diabetes Information Clearinghouse 1 Information Way Bethesda, MD 20892-3560 (301) 654-3327	<i>End-Stage Renal Disease: Choosing a Treatment That's Right for You</i>	

National Diabetes Information Clearinghouse 1 Information Way Bethesda, MD 20892-3560 (301) 654-3327	<i>Hypoglycemia</i>	
National Diabetes Information Clearinghouse 1 Information Way Bethesda, MD 20892-3560 (301) 654-3327	<i>Insulin-Dependent Diabetes</i>	
National Diabetes Information Clearinghouse 1 Information Way Bethesda, MD 20892-3560 (301) 654-3327	<i>Kidney Disease of Diabetes</i>	
National Diabetes Information Clearinghouse 1 Information Way Bethesda, MD 20892-3560 (301) 654-3327	<i>Noninsulin-Dependent Diabetes</i>	
National Diabetes Information Clearinghouse 1 Information Way Bethesda, MD 20892-3560 (301) 654-3327	<i>The Diabetes Dictionary</i>	Available in Spanish.
Singer D. E., Samet J. H., Coley C. M., Nathan D. M. <i>Ann Intern Med.</i> US Preventive Services Task Force	"Screening for Diabetes Mellitus"	1988. Vol. 109, pp. 639-649.
U.S. Department of Health and Human Services <i>Guide to Clinical Preventive Services</i>	"Screening for Diabetes Mellitus"	2nd edition. Washington, DC: US Department of Health and Human Services; 1996: chap 19.
World Health Organization <i>Third Report on Diabetes Mellitus</i>	"World Health Organization Expert Committee on Diabetes Mellitus"	Geneva, Switzerland: World Health Organization; 1985. WHO Technical Report Series 727.

K. Immunizations & Medications

<p>Erie County Dept. of Health 606 West 2nd Street Erie, PA 16507</p>	<p><i>Childhood Immunization</i></p>	<p>FREE. General information on childhood diseases, vaccine reactions, and local laws regarding school immunizations.</p>
<p>Seattle-King County Department of Public Health Kristen Korolak 110 Prefontaine Place So., #500 Seattle, WA 98104 (206) 296-4377</p>	<p><i>Immunization Fact Sheet</i></p>	<p>\$0.15 each. Easy-to-understand pictorials and text available in Amharic, Tigray, and Somali on child immunizations.</p>
<p>State of New York Dept. of Health Leo Bolaski Health Program for Refugees Tower Building, Rm. 840 Albany, NY 12237-0669</p>	<p><i>Fact Sheet for Ethambutol</i></p>	<p>Translated into Tigrinya.</p>
<p>State of New York Dept. of Health Leo Bolaski Health Program for Refugees Tower Building, Rm 840 Albany, NY 12237-0669</p>	<p><i>Fact Sheet for INH</i></p>	<p>Translated into Tigrinya.</p>
<p>State of New York Dept. of Health Leo Bolaski Health Program for Refugees Tower Building, Rm 840 Albany, NY 12237-0669</p>	<p><i>Fact Sheet for Pyrazinamide</i></p>	<p>Translated into Tigrinya.</p>
<p>State of New York Dept. of Health Leo Bolaski Health Program for Refugees Tower Building, Rm 840 Albany, NY 12237-0669</p>	<p><i>Fact Sheet for Rifampin</i></p>	<p>Translated into Tigrinya.</p>
<p>State of New York Dept. of Health Leo Bolaski Health Program for Refugees Tower Building, Rm 840 Albany, NY 12237-0669</p>	<p><i>Instructions for Collecting Sputum</i></p>	<p>Translated into Tigrinya and Amharic.</p>

<p>State of New York Dept. of Health Leo Bolaski Health Program for Refugees Tower Building, Rm 840 Albany, NY 12237-0669</p>	<p><i>Pediatric Vaccine Administration Record</i></p>	<p>Translated into Somali and Amharic.</p>
<p>State of New York Dept. of Health Leo Bolaski Health Program for Refugees Tower Building, Rm 840 Albany, NY 12237-0669</p>	<p><i>What Does a Positive Skin Test Mean?</i></p>	<p>Translated into Ethiopian/Eritrean.</p>
<p>State of New York Dept. of Health Leo Bolaski, Health Program for Refugees Tower Building Rm 840 Albany, NY 12237-0669</p>	<p><i>You've Had Your Tuberculin Test</i></p>	<p>Translated into Tigrinya and Amharic.</p>
<p>Texas Preventable Disease News Texas Department of Health Bureau of Disease Control and Epidemiology 1100 W. 49th Street Austin, TX 78756 (512) 458-7455</p>	<p><i>Texas Preventable Disease News: Refugee Health Problems in Texas</i></p>	<p>FREE Newsletter talks briefly on TB, Hepatitis B, Parasites, and other medical problems refugees face upon resettlement.</p>

L. Nutrition, Physical Exercise, & Hygiene

<p>American College of Sports Medicine</p>	<p><i>Guidelines for Exercise Testing and Prescription</i></p>	<p>Philadelphia: Lea & Febiger, 1991.</p>
<p>Blair S. N., Kohl H. W., Gordon N. F. <i>Annu Rev Public Health</i></p>	<p>"How Much Physical Activity is Good for Health?"</p>	<p>1992. Vol. 13, pp. 99-126.</p>
<p>Blair S. N., Kohl H. W., Paffenbarger R. S. Jr., et al. <i>JAMA</i></p>	<p>"Physical Fitness and All-Cause Mortality: A Prospective Study of Healthy Men and Women."</p>	<p>1989. Vol. 262, pp. 2395-2401.</p>
<p>Bouchard C., Shepard R. J., Stephens T., eds. <i>Human Kinetics</i></p>	<p>"Physical Activity, Fitness, and Health"</p>	<p>Champaign, IL: 1994</p>

Caspersen C. J., Christenson G. M., Pollard RA <i>Public Health Rep.</i>	"Status of 1990 Physical Fitness and Exercise Objectives Evidence from NHIS 1985."	1986. Vol. 101, pp. 587-592.
Centers for Disease Control and Prevention <i>MMWR</i>	"Public Health Focus: Physical Activity and the Prevention of Coronary Heart Disease"	1993. Vol. 42, pp. 669-672
Centers for Disease Control and Prevention. United States <i>MMWR</i>	"Prevalence of Sedentary Lifestyle/Behavioral Risk Factor Surveillance System"	1993. Vol. 42, pp. 576-579.
Department of Agriculture	<i>Food Guide Pyramid</i>	1992
Food and Nutrition Board of the National Research Council	<i>Recommended Dietary Allowances (RDAs)</i>	For specific nutrients. An extensive report on diet and chronic disease risk is also available.
Food safety information.	http://www.agen.ufl.edu/foodsaf/foodsaf.html http://www.usda.gov/agency/ffsis/homepage.html http://www.vm.cfsan.fda.gov/mow/foodborne.html http://www.nal.usda.gov/fnic/foodborne/wais.html	Websites with a variety of information on food safety.
Hahn RA, Teutsch SM, et al. <i>JAMA</i>	"Excess Deaths from Nine Chronic Diseases in the U.S"	1990. Vol. 264, pp. 2654-2659.
Kochanek K. D., Hudson B. L. <i>Monthly Vital Statistics Report;</i>	"Advance report of Final Mortality Statistics"	Hyattsville, MD: National Center for Health Statistics, 1994. Vol. 43, No. 6 (suppl).

<p>Lee I. M. In: Bouchard C, Shepard RJ, Stephens T, eds. <i>Human Kinetics</i></p>	<p>"Physical Activity, Fitness, and Cancer"</p>	<p>Champaign, IL: 1994.</p>
<p>Lee I. M. In: Bouchard C, Shepard RJ, Stephens T, eds. <i>Human Kinetics</i></p>	<p>"Physical Activity, Fitness, and Health"</p>	<p>Champaign, IL: 1994.</p>
<p>Pennsylvania State University, College of Agricultural Sciences Cooperative Extension 201 Willard Building University Park, PA 16802-2801 (814) 863-0471</p>	<p><i>Managing Resources: Keeping Homes Safe and Families Healthy</i></p>	<p>FREE. Pictorial guide to the proper procedure for cleaning dishes, cleaning a gas and an electric stove, and cleaning the bathroom.</p>
<p>USDA/FDA Foodborne Illness Education Information Center National Agricultural Library Cindy Roberts 10301 Baltimore Blvd. Rm. #304 Beltsville, MD 20705-2351 (301) 504-6365</p>	<p><i>Sources of Free or Low-Cost Food and Nutrition Materials</i></p>	<p>January 1997. FREE. This publication is a list of organizations that provide free or low-cost food and nutrition materials for consumers. The Food and Nutrition Information Center (FNIC) receives many requests for materials to distribute at health fairs, classes physicians' offices, wellness programs, and other locations. The list is alphabetical and divided into three sections: Nutrition, Medical and Health Organizations (1), Food-Related Associations (2), and Food Companies (3). Some publications are available in Arabic.</p>

M. For Health Providers

<p>American Academy of Family Physicians 8880 Ward Pkwy Kansas City, MO 64114-2797 (800) 944-0000 http://www.aafp.org</p>	<p><i>Clinical and Psychosocial Aspects of Caring for HIV Patients</i></p>	<p>Audiotape.</p>
<p>American Academy of Family Physicians 8880 Ward Pkwy Kansas City, MO 64114-2797 (800) 944-0000 http://www.aafp.org</p>	<p><i>HIV Infection and AIDS</i></p>	<p>Monograph.</p>

<p>American Academy of Family Physicians 8880 Ward Pkwy Kansas City, MO 64114-2797 (800) 944-0000 http://www.aafp.org</p>	<p><i>HIV Infection and Physician Emotions</i></p>	<p>Videotape and discussion guide.</p>
<p>American Academy of Family Physicians 8880 Ward Pkwy Kansas City, MO 64114-2797 (800) 944-0000 http://www.aafp.org</p>	<p><i>HIV Infection in the Family Physician's Office</i></p>	<p>Brochure.</p>
<p>American College of Obstetricians and Gynecologists 409 12th St SW Washington, DC 20024 (800) 762-2264 http://www.acog.com</p>	<p><i>Emergency Contraception.</i></p>	<p>ACOG Practice Pattern #3</p>
<p>American College of Obstetricians and Gynecologists 409 12th St SW Washington, DC 20024 (800) 762-2264 http://www.acog.com</p>	<p><i>Hormonal Contraception</i></p>	<p>ACOG Educational Bulletin #198.</p>
<p>American College of Obstetricians and Gynecologists 409 12th St SW Washington, DC 20024 (800) 762-2264 http://www.acog.com</p>	<p><i>The Intrauterine Device</i></p>	<p>Technical bulletin 164.</p>
<p>American College of Obstetricians and Gynecologists 409 12th St. SW Washington, DC 20024 (800) 762-2264 http://www.acog.com</p>	<p><i>Gynecologic Herpes Simplex Virus Infection</i></p>	<p>Technical bulletin 119.</p>
<p>Food and Drug Administration. Prescription Drug Products</p>	<p><i>Certain Combined Oral contraceptives for Use as Postcoital Emergency Contraception</i></p>	<p>Notice. Federal Register. 1997; Vol. 62, No. 37, pp. 8610-8612.</p>

N. Educational Materials & Resources

<p>Alliance for Aging Research 2021 K Street, NW Suite 305 Washington, DC 20006-1003</p>		
<p>American Dietetic Association, The 216 W. Jackson Blvd. Suite 800 Chicago, IL 60606-6995 1-800-366-1655</p>		
<p>American Heart Association (AHA) National Center 7272 Greenville Avenue Dallas, TX 75231 1-800-AHA-USA1 (214) 373-6300</p>		
<p>Channing Bete Co., Inc. 200 State Road South Deerfield, MA 01373 (800) 628-7733</p>	<p><i>All Babies Need Shots—One Parent's Story About Immunizations</i></p>	<p>Series of easy-to-understand pamphlets on a variety of medical concerns, social and gender issues. All prices range between \$1.25 (quantity 1-24) and \$0.89 (quantity 25-99) for each.</p>
<p>Channing Bete Co., Inc. 200 State Road South Deerfield, MA 01373 (800) 628-7733</p>	<p><i>Breast Cancer—How You Can Help Protect Yourself</i></p>	
<p>Channing Bete Co., Inc. 200 State Road South Deerfield, MA 01373 (800) 628-7733</p>	<p><i>Career Opportunities for Women</i></p>	
<p>Channing Bete Co., Inc. 200 State Road South Deerfield, MA 01373 (800) 628-7733</p>	<p><i>Cervical Cancer—What Every Women Should Know</i></p>	
<p>Channing Bete Co., Inc. 200 State Road South Deerfield, MA 01373 (800) 628-7733</p>	<p><i>Condoms—What Women Need to Know</i></p>	
<p>Channing Bete Co., Inc. 200 State Road South Deerfield, MA 01373 (800) 628-7733</p>	<p><i>Drugs—Bad for You, Worse for Your Baby</i></p>	

Channing Bete Co., Inc. 200 State Road South Deerfield, MA 01373 (800) 628-7733	<i>Fetal Alcohol Effects</i>	
Channing Bete Co., Inc. 200 State Road South Deerfield, MA 01373 (800) 628-7733	<i>Girls and Self-Esteem, What You Should Know About Hate Crimes</i>	
Channing Bete Co., Inc. 200 State Road South Deerfield, MA 01373 (800) 628-7733	<i>Good Health for Women</i>	
Channing Bete Co., Inc. 200 State Road South Deerfield, MA 01373 (800) 628-7733	<i>How to Have a Healthy Pregnancy</i>	
Channing Bete Co., Inc. 200 State Road South Deerfield, MA 01373 (800) 628-7733	<i>Infant Nutrition</i>	
Channing Bete Co., Inc. 200 State Road South Deerfield, MA 01373 (800) 628-7733	<i>Lead and Pregnancy</i>	
Channing Bete Co., Inc. 200 State Road South Deerfield, MA 01373 (800) 628-7733	<i>Nutrition and Pregnancy</i>	
Channing Bete Co., Inc. 200 State Road South Deerfield, MA 01373 (800) 628-7733	<i>Partner Abuse—What Women Should Know</i>	
Channing Bete Co., Inc. 200 State Road South Deerfield, MA 01373 (800) 628-7733	<i>Self-Care for Moms—After the Baby Comes</i>	
Channing Bete Co., Inc. 200 State Road South Deerfield, MA 01373 (800) 628-7733	<i>Setting Goals to Reach Your Potential</i>	

Journey of Hope

<p>Channing Bete Co., Inc. 200 State Road South Deerfield, MA 01373 (800) 628-7733</p>	<p><i>Single Parenting</i></p>	
<p>Channing Bete Co., Inc. 200 State Road South Deerfield, MA 01373 (800) 628-7733</p>	<p><i>Smoking and Pregnancy</i></p>	
<p>Channing Bete Co., Inc. 200 State Road South Deerfield, MA 01373 (800) 628-7733</p>	<p><i>Understanding Pap Smears—What They Mean, What to Do</i></p>	
<p>Channing Bete Co., Inc. 200 State Road South Deerfield, MA 01373 (800) 628-7733</p>	<p><i>Who to Call for Health Care</i></p>	
<p>Channing Bete Co., Inc. 200 State Road South Deerfield, MA 01373 (800) 628-7733</p>	<p><i>Women and STDs—The Facts</i></p>	
<p>Channing Bete Co., Inc. 200 State Road South Deerfield, MA 01373 (800) 628-7733</p>	<p><i>Women in America—Their Experiences and Contributions</i></p>	
<p>Channing Bete Co., Inc. 200 State Road South Deerfield, MA 01373 (800) 628-7733</p>	<p><i>You, Your Baby and HIV</i></p>	
<p>Department of Social and Health Services Division of Children and Family Services B37-4, 1720 Ellis St. P.O. Box 32090 Bellingham, WA 98228-4090 (360) 647-6100</p>	<p><i>The New Making it on Your Own</i></p>	<p>FREE. Created by the Virginia Commonwealth University's School of Social Work, this booklet is an easy-to-understand workbook for to general independent living skills, as well as health issues: medical and dental resources, nutrition, exercise, drugs/alcohol/tobacco, stress, depression, HIV/AIDS, STDs, and teen pregnancy.</p>

<p>Indochinese Cultural and Service Center 3030 Southwest 2nd Ave Portland, OR 97201</p>	<p><i>Teaching Refugee Women</i></p>	<p>FREE. Refugee women are often less visible than other refugee groups, as they are more likely to remain in the home while their husbands and children attend school, find jobs, and generally adjust to the new culture. Child care responsibilities may prevent them from attending ESL classes and they are usually timid about venturing out on their own. The curriculum guide is designed for general independent living, but especially medical concerns: making appointments, getting a physical examination, types of examinations, common illnesses and treatment, personal hygiene, reproductive infections, and nutritional needs.</p>
<p>International Catholic Child Bureau/North America, Inc. Meg Gardinier 866 U.N. Plaza, Suite 529 New York, NY 10017 (212) 355-3992</p>	<p><i>New Beginnings: A Guide to Designing a Parenting Program for Refugee and Immigrant Parents</i></p>	<p>This booklet is designed to aid parents in understanding, disciplining, and educating their children. Service providers and parents sought a compromise: survival and adaption in America, with retention of traditional values and ways of life. The purpose of the guide is to create a curriculum for refugee and immigrant parents, especially those who are having problems in relation with their children.</p>
<p>Karol Media 350 N. Penn Ave. Box 7600, Wilkes-Barre, PA 18773-7600 (800) 884-0555</p>	<p><i>After Pregnancy: A New Start</i></p>	<p>\$14.95, video 34 min.</p>
<p>Karol Media 350 N. Penn Ave. Box 7600, Wilkes-Barre, PA 18773-7600 (800) 884-0555</p>	<p><i>Birth Control</i></p>	<p>\$79.95, video 30 min.</p>
<p>Karol Media 350 N. Penn Ave. Box 7600, Wilkes-Barre, PA 18773-7600 (800) 884-0555</p>	<p><i>Breast Cancer: Replacing Fear With Facts</i></p>	<p>\$14.95, video 37min.</p>
<p>Karol Media 350 N. Penn Ave. Box 7600, Wilkes-Barre, PA 18773-7600 (800) 884-0555</p>	<p><i>Common Child Illnesses</i></p>	<p>\$79.95, video 45 min.</p>

Journey of Hope

<p>Karol Media 350 N. Penn Ave. Box 7600, Wilkes-Barre, PA 18773-7600 (800) 884-0555</p>	<p><i>Contraception: Know Your Options</i></p>	<p>\$14.95 video 39 min.</p>
<p>Karol Media 350 N. Penn Ave. Box 7600, Wilkes-Barre, PA 18773-7600 (800) 884-0555</p>	<p><i>Depression and Suicide</i></p>	<p>\$39.95, video 30 min.</p>
<p>Karol Media 350 N. Penn Ave. Box 7600, Wilkes-Barre, PA 18773-7600 (800) 884-0555</p>	<p><i>Home Economics Careers</i></p>	<p>\$79.95, video 30 min.</p>
<p>Karol Media 350 N. Penn Ave. Box 7600, Wilkes-Barre, PA 18773-7600 (800) 884-0555</p>	<p><i>Immunizations</i></p>	<p>\$59.95, video 20min</p>
<p>Karol Media 350 N. Penn Ave. Box 7600, Wilkes-Barre, PA 18773-7600 (800) 884-0555</p>	<p><i>Men, Sex and Rape</i></p>	<p>\$24.95, video 75min.</p>
<p>Karol Media 350 N. Penn Ave. Box 7600, Wilkes-Barre, PA 18773-7600 (800) 884-0555</p>	<p><i>Menstruation: Understanding Your Body</i></p>	<p>\$14.95, video 28 min</p>
<p>Karol Media 350 N. Penn Ave. Box 7600, Wilkes-Barre, PA 18773-7600 (800) 884-0555</p>	<p><i>No Monolith: A Guide to African Diversity in America</i></p>	<p>\$74.95, video 107 min.</p>
<p>Karol Media 350 N. Penn Ave. Box 7600, Wilkes-Barre, PA 18773-7600 (800) 884-0555</p>	<p><i>Nutrition for Children and Infants Under Six</i></p>	<p>\$79.95, video 30 min.</p>
<p>Karol Media 350 N. Penn Ave. Box 7600, Wilkes-Barre, PA 18773-7600 (800) 884-0555</p>	<p><i>Pregnancy: Nine Special Months</i></p>	<p>\$14.95, video 40 mi.</p>

<p>Karol Media 350 N. Penn Ave. Box 7600, Wilkes-Barre, PA 18773-7600 (800) 884-0555</p>	<p><i>Sexually Transmitted Diseases: The Keys to Prevention</i></p>	<p>\$14.95, video 39 min.</p>
<p>Karol Media 350 N. Penn Ave. Box 7600, Wilkes-Barre, PA 18773-7600 (800) 884-0555</p>	<p><i>Single Parenting</i></p>	<p>\$34.95, video 30 min.</p>
<p>Karol Media 350 N. Penn Ave. Box 7600, Wilkes-Barre, PA 18773-7600 (800) 884-0555</p>	<p><i>The Expectant Father</i></p>	<p>\$19.95, video 45 min.</p>
<p>Karol Media 350 N. Penn Ave. Box 7600, Wilkes-Barre, PA 18773-7600 (800) 884-0555</p>	<p><i>The Food Guide Pyramid: Contemporary Nutrition</i></p>	<p>\$79.95, video 30 min.</p>
<p>Karol Media 350 N. Penn Ave. Box 7600, Wilkes-Barre, PA 18773-7600 (800) 884-0555</p>	<p><i>Who is an American?</i></p>	<p>\$74.95, video 26min.</p>
<p>Karol Media 350 N. Penn Ave. Box 7600, Wilkes-Barre, PA 18773-7600 (800) 884-0555</p>	<p><i>Wholesaling</i></p>	<p>\$69.95, video 30 min.</p>
<p>Karol Media 350 N. Penn Ave. Box 7600, Wilkes-Barre, PA 18773-7600 (800) 884-0555</p>	<p><i>You Can be a Better Parent in 30 Minutes</i></p>	<p>\$39.95, video 30 min.</p>
<p>National AIDS Information Clearinghouse PO Box 6003 Rockville, MD 20850 (800) 458-5231</p>		<p>General information (in both English and Spanish) on STDS, HIV, AIDS and AIDS-related diseases (seven brochures) and fact sheet packet (10 brochures).</p>
<p>National AIDS Information Hotline Centers for Disease Control and Prevention (800) 342-AIDS</p>		

<p>National Association for Maternal and Child Health Clearinghouse Department of Health and Human Services 2070 Chain Bridge Road Suite 450 Vienna, VA 22182-2536 (703) 821-8955 x254 and National Center for Education in Maternal and Child Health 2000 15th St. North Suite 701 Arlington, VA 22201-2617 (703) 524-7802</p>	<p><i>Foreign Language Materials: Selected Bibliography</i></p>	<p>April 1996. FREE. The booklets provides information about materials published in languages other than English and Spanish, including Amharic and Arabic.</p>
<p>National Association for Maternal and Child Health Clearinghouse Department of Health and Human Services 2070 Chain Bridge Road Suite 450 Vienna, VA 22182-2536 (703) 821-8955 x254 and National Center for Education in Maternal and Child Health 2000 15th St. North Suite 701 Arlington, VA 22201-2617 (703) 524-7802</p>	<p><i>Maternal and Child Health: 1996 Publications Catalog</i></p>	<p>1996. FREE. Offers a variety of free pamphlets, publications, and videos on the health concerns of women and children, including adolescent care, reproductive care, perinatal care, newborn screening, HIV, nutrition, oral health, child safety, violence and injury prevention, immunological and genetic disorders, family-centered care, social work, and public health programs and services.</p>
<p>National Heart, Lung, and Blood Institute Information Center P.O. Box 30105 Bethesda, MD 20824-0105 (301) 251-1222</p>		<p>Information Line at 1-800-575-WELL.</p>
<p>National HIV Telephone Consultation Service</p>		<p>A clinical consultation service of health care providers: (800) 933-3413.</p>
<p>New York Task Force on Immigrant Health NYU School of Medicine Division of Primary Care Millageos Murcia 550 First Ave. New York City, NY 10016 (212) 263-8783</p>	<p><i>Epidemiologic Information on Immigrant and Minority Groups in NYC (1980-1993)</i></p> <p><i>Immigrant Health Bibliography</i></p>	<p>1980. FREE. Maternal and Child Health Country Factsheets.</p>

<p>Office of Minority Health U.S. Department of Health and Human Services Public Health Service P.O. Box 37337 Washington, DC 20013-7337 (800) 444-6472</p>	<p><i>Minority Health Database Search: Non-English Language Health Materials</i></p>	<p>FREE. The Office of Minority Health Resource Center's main resources database contains information on minority health topics in various forms, including audiotapes, books, community programs, documents, health service providers, manuals, organizations, pamphlets, and reports.</p>
<p>Office of Minority Health U.S. Department of Health and Human Services Public Health Service P.O. Box 37337 Washington, DC 20013-7337 (800) 444-6472</p>	<p><i>Pocket Guide to Minority Health Resources</i></p>	<p>FREE. Provides phone numbers on the Office of Minority Health, Public Health Service liaisons, State contacts, clearinghouses, organizations, health materials, and colleges.</p>
<p>St. Josephs Hospital and Medical Center Attn: Hanan S. Matari Arabic Community Liaison 703 Main Street Paterson, NJ 07503 (201) 754-2000</p>	<p><i>For Your Health</i></p>	<p>\$1.50 each. This pamphlet, translated into Arabic, contains information on domestic violence, tobacco, breast cancer, STDs, drugs, and alcohol.</p>
<p>State of California Alameda County Ambulatory Services Avril Anderson, RN, MS Refugee Health Program Coordinator, 1900 Embarcadero Ste 400 Oakland, CA 94606</p>	<p><i>Hepatitis B Information Sheet for Ethiopians</i></p> <p><i>TB and INH Pills to Prevent TB</i></p> <p><i>The Pap Test</i></p> <p><i>The Tuberculin Test</i></p>	<p>FREE. Four pamphlets, all translated into Amharic, on the Pap Smear test, TB and Hepatitis B.</p>
<p>State of California Department of Health Services Communicable Diseases Refugee Health Section 714 P St., MS 508 P.O. Box 942732, Sacramento, CA 94234-7320</p>	<p><i>Health Education Materials Listing (by county)</i></p>	<p>FREE. This is a useful list of free health care materials on TB, Hepatitis, immunizations, parasites, AIDS, STDs, cancer, heart disease, hypertension, smoking, diabetes, nutrition, injury prevention, mental health, newborn care, female examinations, family planning, and prenatal and postpartum care, cataloged according to language (Arabic, Ethiopian, Amharic, and Somali included).</p>
<p>State of Vermont Office of Minority Health Vermont Refugee Resettlement Program</p>	<p><i>Lead, Asbestos, Radon, Mercury</i></p>	<p>FREE. Guide to household safety translated into Arabic.</p>

Section V: Domestic Violence/

Violence against Women

Outline

- A. General Information
- B. Issues Concerning Children
- C. Issues Concerning Adolescents
- D. For Health Care Providers

A. General Information

<p>Commission on Women's Health</p>	<p><i>Violence Against Women in the United States: A Comprehensive Background Paper</i></p>	<p>November 1994. This report identifies violence as a condition that threatens the health of large numbers of women that are risk for sexual and domestic violence. The paper covers 1/ the dimensions of the problem, the numbers of women in American society; 2/ the effects of violence on women's physical and psychological health; 3/ strategies that have been developed to help individual women and their known effectiveness; and 4/ effective models of prevention.</p>
<p>Commonwealth Fund Commission on Women's Health</p>	<p><i>Addressing Domestic Violence and Its Consequences</i></p>	<p>February 1998. This policy report shares the information that the Commission has learned about the prevalence and incidence of domestic violence, as well as recommends a set of goals to help mount a more effective response to the problem.</p>
<p>Equality NOW Women's Action 15.1</p>	<p><i>Trinidad and Tobago: The Imminent Execution of a Battered Woman and Her Defenders</i></p>	<p>October 1998. The handout details the circumstances surrounding a murder and pending execution of a woman from Trinidad who killed her husband after years of physical and emotional abuse. This paper calls for a response from individuals to stop her execution.</p>
<p>New York Times</p>	<p>"The Tribulations of Afghanistan: Half a Nation, Condemned"</p>	<p>Saturday, August 15, 1998, and Thursday October 8, 1998.</p>

<p>Osawa, Yoshiko</p>	<p><i>Response of Nonprofit Organizations for Battered Women to Laws</i></p>	<p>This paper examines the present situation of domestic violence and the roles of nonprofit organizations for battered women. This examination includes the history of the laws towards domestic violence, as well as the possible responses of nonprofit organizations to the changing laws.</p>
<p>Physicians for Human Rights Boston/Washington, D.C.</p>	<p><i>The Taliban's War on Women: A Health and Human Rights Crisis in Afghanistan</i></p>	<p>This report contains compelling evidence of how a society in which women played a prominent role in the health professions, in government, and in teaching, has been replaced by one where: women are regularly and brutally beaten for walking on the street without a male chaperone or without a garment that covers their bodies from head to toe. This book contains the results of a human rights survey of 160 Afghan women and in-depth interviews of 40 women. The women represent a wide range, diverse educational and occupational backgrounds, and all levels of income.</p>
<p>United Nations High Commission on Refugees General Legal Advice Section (HQPR02) Case Postale 2500 CH-1211 Geneva 2 Depot, Switzerland</p>	<p><i>Guidelines on the Protection of Refugee Women</i></p>	<p>FREE. Protection is at the heart of the responsibility that the international community bears towards refugees. Refugees as a group are doubly disadvantaged and thus vulnerable to actions that threaten their protection. First, refugees are victims of human rights abuses, conflicts and other acts of aggression. Second, they are outside their own countries and unable access the protection their own governments should provide. The paper is broken down into five parts: the general introduction, assessment and planning, protection needs and responses, addressing protection through assistance, and follow-up and reporting of protection problems.</p>

<p>United Nations High Commission on Refugees General Legal Advice Section (HQPR02) Case Postale 2500 CH-1211 Geneva 2 Depot, Switzerland</p>	<p><i>Sexual Violence Against Refugees: Guidelines on Prevention and Response</i></p>	<p>FREE. Sexual violence against refugees is widespread. Women and girls and, less frequently, men and boys—are vulnerable to attack, both during their flight and while in exile. UNHCR is acutely aware of the dimensions of the problem and offers the following guidelines for preventing and responding to sexual violence against refugees intended to promote more effective ways for all concerned parties to act and react. The intention is to provide UNHCR, non-governmental organizations and other field workers with basic practical advice in areas of medical treatment, psychological support and legal intervention.</p>
<p>Van Hasselt VB, Morrison RL, Bellack AS, et al., eds.</p>	<p><i>Handbook of Family Violence</i></p>	<p>New York: Plenum Press, 1988.</p>

B. Issues Concerning Children

<p>Berkowitz C. D. <i>Adv Pediatr</i></p>	<p>"Sexual Abuse of Children and Adolescents."</p>	<p>1987. Vol. 34, pp. 275- 312.</p>
<p>Finkelhor D, Baron L. <i>Sourcebook on Child Sexual Abuse</i></p>	<p>"High-Risk Children"</p>	<p>Beverly Hills, CA: Sage, 1986</p>
<p>National Committee for Prevention of Child Abuse</p>	<p>"National Incidence and Prevalence of Child Abuse and Neglect."</p>	<p>Washington, DC: American Humane Association, 1987.</p>
<p>Reece RM, ed.</p>	<p><i>Child Abuse: Medical Diagnosis and Management</i></p>	<p>Philadelphia: Lea & Febiger, 1994.</p>
<p>U.S. Department of Health and Human Services National Center on Child Abuse and Neglect Washington, DC</p>	<p><i>Child Maltreatment 1993: Reports from the States to the National Center on Child Abuse and Neglect</i></p>	<p>Government Printing Office, 1995.</p>

Waller AE, Baker SP, Szocka A. <i>Am. J. Public Health</i>	"Childhood Injury Deaths: National Analysis and Geographic Variations."	1989. Vol. 79, pp. 310-315.
Wissow L.S. <i>N. Engl. J. Med.</i>	"Child Abuse and Neglect."	1995. Vol. 332, pp. 1425-1431.

C. Issues Concerning Adolescents

Riggs S, Alario AJ, McHorney <i>J Pediatr</i>	"Health Risk Behaviors and Attempted Suicide in Adolescents Who Report Prior Maltreatment."	1990. Vol. 116, pp. 815-821.
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D. For Health Care Providers

<i>Journal of the American Medical Association (JAMA)</i>	<i>Women's Health and Human Rights in Afghanistan</i>	Volume 280. August 5, 1998. A report detailing the assessment of health and human rights concerns and conditions of women living in Kabul under the Taliban regime.
McAfee R.E. <i>JAMA</i>	"Physicians and Domestic Violence: Can We Make a Difference?"	1995. Vol. 273, pp. 1790-1791.
Reece RM, ed.	<i>Child Abuse: Medical Diagnosis and Management.</i>	Philadelphia: Lea & Febiger, 1994.

Section VI: Public Benefits & Community Service

Outline

A. General Information

A. General Information

International Catholic Migration Commission Zagreb, Croatia	<i>U.S. Cultural Orientation Curriculum</i>	Zagreb, Croatia: International Catholic Migration Commission, 1997.
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Section VII: Female Circumcision/ Female Genital Mutilation

Outline

- A. General Information
- B. For Health Care Providers
- C. Legal Issues

A. General Information

<p>Abdalla Raqiya Haji Dualeh</p>	<p><i>Sisters in Affliction: Circumcision and Infibulation of Women in Africa</i></p>	<p>Zed Press, 1982. This book provides a basic record of female genital mutilation, utilizing a multi-dimensional view of the problems. The information is based on many sources which include: previous literature on the subject, the authors own experiences and observations of the practice, as well as information and statements gathered through empirical investigations with other Somali women.</p>
<p>Abu-Sahlieh, Aldeeb and A.Sami Swiss Institute of Comparative Law, Dorigny, 1015 Lausanne, Switzerland, (021) 692-4912</p>	<p><i>To Mutilate in the Name of Jehovah or Allah: Legitimization of Male and Female Circumcision</i></p>	
<p>Australian Medical Association</p>	<p>http://www.ama.com.au/policies/femgen.html</p>	<p>March 1994. Position statement condemning the practice of FC/FGM in any form. Available on website</p>

Center for Applied Linguistics, Refugee Service Center, Health Educational Materials, 1118 22nd St., NW, Washington, DC (202) 429-9292	<i>Female Circumcision/ Female Genital Mutilation: Resource Packet</i>	1996. \$5.00 copying fee. The resources include background information about the various procedures of FC/FGM: where it is practiced, beliefs and misconceptions among groups who engage in the ritual and the resulting physical and psychological harm to women and children. A legislative update on the status of the federal and state prohibitions on FC/FGM is also included. The materials are intended to educate refugee service providers about FC/FGM and begin to understand the challenge of trying to change cultural traditions of refugees from communities that practice it.
El Dareer, Asma	<i>Woman, Why Do You Weep? Circumcision and its Consequences</i>	1982. London Zed Press
Eyega, Zainab and Eileen Conneely <i>MPH JAMWA</i>	"Facts and Fiction Regarding Female Circumcision/Female Genital Mutilation: A Pilot Study in New York City."	1998. Vol. 52, No. 4.
Gynecology <i>Ob.Gyn.</i>	<i>Complications Seen in Circumcised Women</i>	July 15, 1998 This article discusses the cultural practice of FC/FGM and some of the implications to health care and status of women's health in the United States. The article also discusses the projected immigrant patterns in the United States that are fueling the need for ob.gyns. nationwide to become educated on the basics of FC/FGM.
Hosken, Fran P.	<i>The Hosken Report</i>	Lexington: Women's International Network 1994. Fourth revised edition.
Hosken's Report	http://www.hollyfeld.org/xastur/world.html	A listing by population group of Africans who practice FC/FGM.
Kassindja, Fauziya and Layli Miller Bashir	<i>Do They Hear You When You Cry?</i>	New York: Delacorte Press. This book chronicles the life of Fauziya Kassindja, who fled her African homeland to escape female genital mutilation only to be locked up in American prisons for sixteen months. The book also looks at the struggles of Layli Miller Bashir who as a law student fought for Fauziya's freedom.

<p>Lightfoot-Klein, Hanny</p>	<p><i>Prisoners of Ritual: An Odyssey into Female Genital Circumcision in Africa</i></p>	<p>Harrington Park Press. This book includes an examination of the methods, medical and psychological ramifications, and cultural context of female circumcision in Sudan and other parts of Africa. The author pulls from personal interviews and her own considerations to illustrate the ways in which culture and custom can dictate the most severe assault on women.</p>
<p>Musalo, Karen International Human Rights Law Clinic The American University Washington College of Law</p>	<p><i>In Re Kasinga: A Big Step Forward for Gender-based Asylum Claims</i></p>	
<p>RAINBO Nahid Toubia, President Zeinab Eyega, Program Officer 915 Broadway, Suite 1603 New York, NY 10010-7108 (212) 477-3318</p>		<p>Audio Visual Materials. Training kit for health professionals and educators, includes 26 color slides describing the types of FC/FGM, health consequences and the social, cultural, religious, and legal issues surrounding the practice. The slides are accompanied with speaker's notes written by Dr. Toubia.</p>
<p>RAINBO Nahid Toubia, President Zeinab Eyega, Program Officer 915 Broadway, Suite 1603 New York, NY 10010-7108 (212) 477-3318 (212) 477-3318</p>		<p>Audio Visual Materials. \$150.00 (plus S & H). A selection of video tapes on FC/FGM from different countries is available on loan basis for educational purposes. Refundable security deposit.</p>
<p>RAINBO Nahid Toubia, President Zeinab Eyega, Program Officer 915 Broadway, Suite 1603 New York, NY 10010-7108 (212) 477-3318</p>	<p><i>Caring for Circumcised Women</i></p>	<p>New Publication from RAINBO.</p>
<p>RAINBO Nahid Toubia, President Zeinab Eyega, Program Officer 915 Broadway, Suite 1603 New York, NY 10010-7108 (212) 477-3318</p>	<p><i>Female Circumcision as a Public Health Issue</i></p>	<p>\$5.00 (plus \$1.50 S & H) Published by the <i>New England Journal of Medicine</i>.</p>

<p>RAINBO Nahid Toubia, President Zeinab Eyega, Program Officer 915 Broadway, Suite 1603 New York, NY 10010-7108 (212) 477-3318</p>	<p><i>Female Circumcision in the United States: A Declaration of Violence</i></p>	<p>This handout outlines a declaration of values in relation to FC/FGM due to the growing attention this issue continues to receive in the United States. This organization maintains that FC/FGM violates the bodily integrity and human rights of a non-consenting child and, if not undertaken voluntarily, of women.</p>
<p>RAINBO Nahid Toubia, President Zeinab Eyega, Program Officer 915 Broadway, Suite 1603 New York, NY 10010-7108 (212) 477-3318</p>	<p><i>Female Genital Mutilation and the Responsibility of Reproductive Health Professionals</i></p>	<p>\$5.00 (plus \$1.50 S & H) Published by the <i>International Journal of Gynecology and Obstetrics</i>.</p>
<p>RAINBO Nahid Toubia, President Zeinab Eyega, Program Officer 915 Broadway, Suite 1603 New York, NY 10010-7108 (212) 477-3318</p>	<p><i>Female Genital Mutilation: A Call for Global Action</i></p>	<p>\$9.95 (plus \$1.50 s & h). Discusses FC/FGM in a cultural, health, and rights context with illustrations describing types of female circumcision.</p>
<p>RAINBO Nahid Toubia, President Zeinab Eyega, Program Officer 915 Broadway, Suite 1603 New York, NY 10010-7108 (212) 477-3318</p>	<p><i>Intersections Between Health and Human Rights: A Case of Female Genital Mutilation</i></p>	<p>\$6.95 (plus \$1.50 S & H) Report based on one-day workshop held at the National Council on International Health in 1995, which brought together an international panel of legal professionals, academics, social scientists and activists.</p>
<p>RAINBO Nahid Toubia, President Zeinab Eyega, Program Officer 915 Broadway, Suite 1603 New York, NY 10010-7108 (212) 477-3318</p>	<p><i>Second Inter-Agency Working Group on FGM Report (1995)</i></p>	<p>\$5.00 (plus \$1.50 S & H) A report from a meeting of international agencies, donors and representatives of African organizations on current research, programs, funding and future strategies related to the eradication of FC/FGM.</p>
<p>Raqiya Haji Abdalla</p>	<p><i>Sisters in Affliction: Circumcision and Infibulation of Women in Africa.</i></p>	<p>1982. London: Zed Press, 122 pgs.</p>
<p>Somach, Susan Refugee Service Center Center for Applied Linguistics</p>	<p><i>Female Genital Mutilation: Resource Packet</i></p>	<p>1996</p>

Toppozada, Nadine	<i>Female Genital Mutilation: Women at the Border</i>	FREE. Includes an introduction, reactions of the international community, history/types/effects of the practice, and a legal analysis of international human rights instruments.
Toubia, Nahid	<i>Female Genital Mutilation: A Call for Global Action</i>	1995. 2nd edition.
Toubia, Nahid <i>Women and the Family in the Middle East</i>	"The Social and Political Implications of Female Circumcision: The Case of Sudan."	Austin: University of Texas Press, 1994
Walker, Alice and Pratibha Parmar	<i>Warrior Marks: Female Genital Mutilation and the Sexual Binding of Women</i>	New York: Harcourt Brace & Company. The authors traveled from England to Africa to interview people concerned with and affected by the practice of female genital mutilation. The book chronicles their journey and adds insights to the politics of film making, feminism and the harmful and sometimes deadly process of female genital mutilation.
Warsame, A. SWDO	<i>Female Circumcision, Strategies to Bring About Change</i>	1988. Social and cultural implications of infibulation in Somalia.
World Health Organization.	<i>Female Genital Mutilation: An Overview.</i>	Geneva, 1998.

B. For Health Care Providers

<i>International Journal of Gynecologists and Obstetricians</i>	"Female Genital Mutilation and the Responsibility of Reproductive Health Professionals."	
RAINBO Nahid Toubia, President Zeinab Eyega, Program Officer 915 Broadway, Suite 1603 New York, NY 10010-7108 (212) 477-3318	<i>Caring for Women with Circumcision: A Technical Manual for Health Care Providers</i>	By Nahid Toubia. February, 1999.

Toubia, Nahid <i>The New England Journal of Medicine</i>	"Female Circumcision As a Public Health Issue."	1994.
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C. Legal Issues

An-Na'im, Abdullahi	<i>Toward an Islamic Reformation: Civil Liberties, Human Rights, and International Law</i>	Syracuse University Press, 1990.
Bashir, Layli Miller <i>The American University Journal of Gender and the Law</i>	"Female Genital Mutilation in the United States: "An Examination of Criminal and Asylum Law"	Spring 1996.
Center for Reproductive Law and Policy		Videos and audio-visual materials, as well as special publications and extensive bibliographies.
Center for Reproductive Law and Policy	<i>Female Circumcision/Female Genital Mutilation (FC/FGM): Global Laws and Policies Towards Elimination</i>	January 1999.
Center for Reproductive Law and Policy	<i>Reproductive Freedom in Focus: Legislation on Female Genital Mutilation in the United States</i>	July 1998.