

တၢ်ဘၣ်တၢ်ဘၢ,တၢ်ကူၣ်သ့ဒီးတၢ်အိၣ်ဆူၣ်အိၣ်ချ့-တၢ်ရူၣ်လၢနကအိၣ်မူပဲၤဒီးတၢ်မၤနၢၤလၢနဟံၣ်အသီ

တၢ်ကွၢ်ထွဲတၢ်အိၣ်ဆူၣ်အိၣ်ချ့ တၢ်အိၣ်ဆူၣ်အိၣ်ချ့တၢ်အုၣ်ကီၤသး - 3

**Safe, Smart and Healthy – Keys to Success in Your New Home
Medical Care and Health Insurance - 3**

KAREN

<p>ဖဲန့ၣ်လဲၤထံၣ်လိာ်သးဒီးကသံၣ်သရၣ်အခါ,နအိၣ်တၢ်ခွဲးတၢ်ယၢ်လၢနကန့ၣ်ဘၣ်ပုၤကျိၣ်ထံတၢ်န့ၣ်လီၤ.ပုၤကျိၣ်ထံတၢ်တဂၤအံၤကကျိၣ်ထံန့ၣ်နၢၤတၢ်ကတိၤလၢနတဲကိးမံၤမ့ၢ်ဂ့ၤ,တၢ်ကတိၤလၢကသံၣ်သရၣ်မ့ၢ်ဂ့ၤ,သရၣ်မုၢ်ကွၢ်ပုၤဆါသ့ၣ်တဖၣ်တဲန့ၣ်မ့ၢ်ဂ့ၤ,ခဲလၢ်အယိသုကနၣ်ပၢ်ဝဲတၢ်ခဲလၢ်ဂ့ၤဂ့ၤန့ၣ်လီၤ.</p> <p>တၢ်ယုၤန့ၣ်နၢၤပုၤကတိၤကျိၣ်ထံတၢ်န့ၣ်မ့ၢ်ဝဲကသံၣ်သရၣ်မ့ၢ်တမ့ၢ်တၢ်ဆါဟံၣ်အမူအီၤလီၤ.ခိဖျိလၢနလိာ်ဘၣ်ပုၤကျိၣ်ထံတၢ်လၢနဂီၢ်အယိနတဘၣ်ဟ့ၣ်အါထီၣ်စ့ၢ်ကိးတၢ်လၢ်ဘၣ်လၢ်စ့ၢ်အဂၤဘၣ်.</p>	<p>When you see a doctor, you have the right to have a professional interpreter. This language expert interprets everything you say, and everything the doctors and nurses say, so that you understand each other perfectly.</p> <p>Providing an interpreter is the responsibility of the doctor or hospital. Requesting an interpreter will <i>not</i> cost you any extra money.</p>
<p>မံးစံးလံၤအကသံၣ်သရၣ်ကျဲၤန့ၣ်အီၤပုၤကျိၣ်ထံတၢ်ဖဲလၢအဝဲလဲၤဆုၢ်အဖိမုၢ်ဆူကသံၣ်သရၣ်အအိၣ်လၢကိးပူးသးအဂီၢ်န့ၣ်လီၤ.ပုၤကျိၣ်ထံတၢ်တဂၤအံၤမၤစၢၤမံးစံးလံၤသိးကနၢ်ပၢ်တၢ်တၢ်လၢအကဘၣ်မၤဝဲလီၤတၢ်လီၤဆဲးဒီးသိးအဖိမုၢ်ကအိၣ်ဆူၣ်အိၣ်ချ့အဂီၢ်လီၤ.</p> <p>တဘၣ်မၤနဟံၣ်ဖိယိဖိ,သကိးတဖၣ်ကဲန့ၣ်နၢၤပုၤကျိၣ်ထံတၢ်တဂ့ၤ.တၢ်အံၤတၢ်ကဘၣ်မၤအီၤလၢပုၤလၢအန့ၣ်ဘၣ်တၢ်မၤလိသ့ၣ်တဖၣ်န့ၣ်လီၤ.</p> <p>နမၤဖိသၣ်တဖၣ်ပုၤကျိၣ်ထံန့ၣ်တၢ်လၢနဂီၢ်တသ့ဘၣ်.</p> <p>ဖဲန့ၣ်သ့ၣ်လိာ်သးလၢနထံၣ်လိာ်သးဒီးကသံၣ်သရၣ်အသီအခါမၤလီၤတၢ်လၢနကဘၣ်ပုၤသ့ၣ်ညါအီၤလၢနလိာ်ဘၣ်ပုၤကျိၣ်ထံတၢ်လၢအတဲန့ၣ်ကျိၣ်ဘၣ်န့ၣ်တက့ၢ်.</p>	<p>Mrs. Li's doctor provided an interpreter when they met for her daughter's checkup. The interpreter helped Mrs. Li understand exactly what she needed to do to help her daughter stay healthy.</p> <p>Do not use your own family or friends as interpreters; this needs to be done by a trained professional. You cannot use any <i>children</i> as interpreters.</p> <p>When scheduling an appointment with any new doctor, be sure to let them know that you need an interpreter in your language.</p>